



The Bala & Area Figure Skating Club is pleased to invite all skaters to
The 28th Annual Cranberry Capers Fun Competition

Saturday January 30st 2010, at the Bala Arena
1009 Maple Street, Bala

-- Cranberry Capers is sanctioned by Skate Canada (Northern Ontario) --



This competition will be held in accordance with Skate Canada rules unless otherwise specified, and is open to any amateur figure skater in good standing with Skate Canada.

ENTRY FEES: Singles Events: \$ 50.00 per skater
\$ 90.00 per family with two skaters
\$ 130.00 per family with three or more skaters

“NEW” CanSkate ½ Ice Circuit Event \$35.00

QUALIFICATIONS: Age and Test qualifications will apply as of December 1, 2009. Birth Certificate and proof of tests passed are required for all events.

ENTRIES: Entries must be received no later than 6 pm **December 18, 2009**. Cheques or money orders should be made payable to the Bala and Area Figure Skating Club (F.S.C). No refunds or withdrawals will be accepted after the closing date without a medical certificate.

Please ensure that the Coach and Test Chairperson authorize the events entered!

Mail Entries to: Bala & Area Figure Skating Club
P.O. Box 418 Bala, ON POC 1A0

For additional information contact:

email: **balafigureskating@hotmail.com**
Cranberry Capers as the subject line

The event schedule will be posted at www.scno.net when complete. Schedules will be forwarded to coaches as soon as possible.

MUSIC: Two (2) clearly labeled **CD'S or CASSETTE TAPES** must be registered at the music registration desk at least one (1) hour prior to the event. **Tapes** must be at the beginning of your music. All music is to be picked up after the event and the results posted.

ICE SURFACE: 80' x 180'

AWARDS: All participants receive gift bags. Those placing 1st, 2nd and 3rd in their event or flight will be presented with medals. All skaters in all flights will receive ribbons. Ribbons only will be presented to skaters in an exhibition event.

ADMISSION: Admission to the competition is free of charge. Donations appreciated.



TECHNICAL INFORMATION

If only one skater is registered in a category, that skater will automatically be moved into the next age group of the same category.

Closed marking will be used. Results will be calculated using the O.B.O.

CanSkate Events

Skaters must be registered in the CanSkate Program and are categorized according to age, gender and badge passed. To ensure proper categorization, confirmation from the Professional Coach and/or CanSkate Program Coordinator is essential.

Any additional skills will be penalized by a deduction of .2 from the technical mark, excluding spirals, connecting steps, footwork, and jumps of ½ rotation or less (Power Jumps, etc) unless specified for the event.

In the event a CanSkate skater is unable to start or complete his/her program, a second attempt of the performance is permitted, at the discretion of the event referee, as per Skate Canada rules.

Free Skate Events

All skaters must be registered in the STARSkate Program.

All programs must be based on the Well Balanced Program. Please refer to the Skate Canada Technical Package on the Skate Canada Northern Ontario website. (www.scno.net)

Introductory, Pre Preliminary, Preliminary, Junior Bronze and Senior Bronze Events

Skaters will perform to the designated time (+/- 10 seconds). The solo will consist of the elements required for that test level and are limited to the restrictions in their respective category.

Skaters are categorized according to age, gender and tests passed. To ensure proper categorization, confirmation from the Professional Coach and the Test Chair is essential. Competition officials will be monitoring the events. Abuses will be reported to the appropriate Section official.

Competitor's programs are restricted to those elements listed. Any skills performed over and above the skills required will be penalized. Connecting steps and moves to highlight musicality are encouraged.

GENERAL INFORMATION

Meals / Boutiques

Home cooked food will be available at the Cranberry Café in Bala Community Center across the street from the arena for a nominal fee. **All** proceeds from our Capers Café go directly to the **Bala Figure Skating Club** Fundraising efforts. Skating supplies and souvenirs will also be on hand at the community center.

The “Boutique Table” located in the arena lobby is operated by the Bala and Area Figure Skating Club. **All** money generated from boutique table sales go directly to **The Club**. Flowers will be available!

There will also be other vendors at the community center selling skating supplies and souvenirs.

Video and Pictures

Professional digital photography and videotaping will be available. You must register your video before your child’s event at the Community Centre.

Place an Ad / Message in our Program

Businesses, Clubs, Organizations, Parents, Grandparents and friends can place a message or ad in our program. Up to a 15 word message for \$5.00; a business card size card for \$35.00; a half page ad for \$60.00 and a full-page ad for \$100.00. Ads and/or messages can be placed using the attached order form.

CANSKATE EVENTS Must be registered in the CanSkate Program

½ ice no music circuit event. Please include specific elements listed below

NOTE TO COACHES: Please attempt to put these elements into the 1/2 ice program in the order they appear.
Thank you.

CanSkate Beginner

Badge Level: Must not have passed any CanSkate badge

- ½ sit glide – forward or backwards
- Backward skating
- ½ or ¼ two foot turn on the spot
- Two foot jump on the spot
- Forward skating

A: Must be under the age of 6 as of December 1, 2009

B: Must be 6 years of age or older as of December 1, 2009

CanSkate 1

Badge Level: Must have passed Stage 1 but no higher

- Backward skating
- Forward glide (2 feet to 1 foot)
- Forward two foot sculling
- Two foot jump while gliding forward
- Two foot spin

A: Must be under the age of 6 as of December 1, 2009

B: Must be 6 years of age or older as of December 1, 2009

CanSkate 2

Badge Level: Must have passed Stage 2 but no higher

- Two foot turn forward to backward
- Backward skating
- Two foot spin
- Forward spiral
- Two foot jump while gliding backward

A: Must be under the age of 6 as of December 1, 2009

B: Must be 6 years of age or older as of December 1, 2009

CanSkate Events, Cont'd,

CanSkate 3

Badge Level: Must have passed Stage 3 but no higher

- Backward two foot sculling
- Two foot side stop
- Forward spiral
- Forward outside edge entry 3 turn
- Backwards glide on a curve (two foot to one foot)

A: Must be under the age of 6 as of December 1, 2009

B: Must be 6 years of age or older as of December 1, 2009

CanSkate 4

Badge Level: Must have passed Stage 4 but no higher

- Backwards circle thrust (not sculling – free foot must come off ice)
- One foot spin
- One foot jump forward to backward (three jump)
- Backward spiral
- Forward outside edge development (step/step/step and hold on alternating edge)

A: Must be under the age of 6 as of December 1, 2009

B: Must be 6 years of age or older as of December 1, 2009

CanSkate 5

Badge Level: Must have passed Stage 5 but no higher

- Forward one foot spin with forward outside edge
- Backwards crosscuts
- Rotating power jump (waltz jumps)
- Backward outside development (step/step/step and hold on alternating curves)
- Forward inside edge entry 3 turn

A: Must be under the age of 6 as of December 1, 2009

B: Must be 6 years of age or older as of December 1, 2009

CanSkate Events, Cont'd,

CanSkate 6

Badge Level: Must have passed Stage 6 but no higher

- Backward outside edges (min. 2 edges on each foot)
- Waltz jump with backward crosscuts entry
- Forward chasses
- Forward one foot spin with backward crosscut entry
- Toe Loop or Salchow

A: Must be under the age of 6 as of December 1, 2009

B: Must be 6 years of age or older as of December 1, 2009

FREE SKATE EVENTS (STARSkate)

- All skaters must be registered in the STARSkate Program. Skaters who have completed the CanSkate program during the season are eligible for these events.
- Competitive singles test equivalencies in the STARSkate program:
 - ⇒ Juvenile Competitive Singles Test = Senior Bronze Free Skating Test
 - ⇒ Pre-Novice Competitive Singles Test = Junior Silver Free Skating Test
 - ⇒ Novice Competitive Singles Test = Senior Silver Free Skating Test
 - ⇒ Junior or Senior Competitive Singles Test = Gold Free Skating Test
- Skaters may enter either STARSkate Singles Events or Competitive Events **BUT NOT BOTH.**
- Skaters who have registered for the 2009 Sectional Competition must compete in Competitive Events for the balance of the season.
- Skaters may skate up one category.
- All categories may be divided by age
- All categories have the program time listed that will be used for the 2009 qualifying event for Trillium STARSkate (Festival of STARS). Competition organizers may change the program times by 30 seconds to allow skaters to skate up a category.

All programs MUST be based on the Well Balanced Program. The free skates have been revised as per Skate Canada 2008/09 STARSkate Well Balanced Program Requirements. The WBP will be strictly enforced, and deductions will be given for any elements that are not specified.

NOTE: As per the competitive stream, for all levels re: a spin of any nature, the skater cannot repeat a spin that has already been performed.

FREE SKATE EVENTS

PRE-INTRODUCTORY, INTRODUCTORY, PRE PRELIMINARY, PRELIMINARY, JUNIOR BRONZE AND SENIOR BRONZE

Age and Test Qualifications as of December 1, 2009

PRE-INTRODUCTORY

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada tests.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - May include a waltz jump, salchow, toe loop, and loop – **no higher jumps allowed**
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences (using the above specified jumps only)
 - Maximum 3 different jumps repeated and no jump included more than 3 times. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins or combination spins permitted
 - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence OR series of 2 field moves (but not both)

A: Must be 7 years or younger as of December 1, 2009

B: Must be 8 or 9 years old as of December 1, 2009

C: Must be 10 years or older as of December 1, 2009

INTRODUCTORY

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test.** SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - No jump higher than 1 flip – **no higher jumps allowed**
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences (no jumps higher than a flip allowed)
 - Maximum 2 different jumps repeated and no jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins or combination spins permitted
 - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence

A: Must be 8 years or younger as of December 1, 2009

B: Must be 9 or 10 years old as of December 1, 2009

C: Must be 11 years or older as of December 1, 2009

Free Skate Events, Cont'd,

PRE-PRELIMINARY FREE SKATE

TEST REQUIREMENTS: **May have passed a Skate Canada test, but must not have passed the complete Preliminary Free Skate Test.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - No jump higher than 1Lutz
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins permitted
 - 1 spin must be in one position, not in combination, no change of foot
 - Maximum 1 may be a combination spin, no change of foot
3. Maximum 1 step sequence or spiral sequence.

A: Must be 9 years or younger as of December 1, 2009

B: Must be 10 to 12 years old as of December 1, 2009

C: Must be 13 years or older as of December 1, 2009

PRELIMINARY FREE SKATE

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete free skate test.

SPECIFICATIONS FOR EVENT: One free program of 2.0 minutes in length (+/- 10 seconds)

1. Maximum 6 jump elements
 - All single jumps permitted and maximum one double jump which may be a Double Salchow or Double Toe Loop
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 2 spins of any nature
 - Maximum 1 spin may be a flying spin
 - One spin of any nature.
3. Maximum 1 step sequence or spiral sequence.

A: Must be 9 years or younger as of December 1, 2009

B: Must be 10 to 12 years old as of December 1, 2009

C: Must be 13 years or older as of December 1, 2009

JUNIOR BRONZE FREE SKATE TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete free skate test.

All elements will be called no higher than Level 1.

SPECIFICATIONS FOR EVENT: One free program of 2.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All single jumps permitted and maximum two double jumps that may be up to and including double loop.
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 3 spins
 - 1 Spin must be a flying spin
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

A: Must be 10 years or younger as of December 1, 2009

B: Must be 11 to 12 years old as of December 1, 2009

C: Must be 13 years or older as of December 1, 2009

SENIOR BRONZE FREE SKATE

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete free skate test.

All elements will be called no higher than Level 1.

One free program of 3.0 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.0 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All single and double jumps permitted except double Axel
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 3 combinations or sequences. Jump combinations may include no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
 - 1 Spin must be a flying spin in one position with no change of foot.
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

A: Must be 10 years or younger as of December 1, 2009

B: Must be 11 to 12 years old as of December 1, 2009

C: Must be 13 years or older as of December 1, 2009



SKATE CANADA NORTHERN ONTARIO

Waivers

Appendix 1

Skater's Name

Partner's Name (if applicable)

PUBLICITY WAIVER

The competitor hereby acknowledges and consents to the fact that **the Bala Cranberry Capers** may be televised either in whole or in part for showing on a network basis. The competition hereby consents to the use of his or her name, biography and likeness on or in connection with any television, radio program, motion picture, print media or the advertising and publicizing of such program as may be designated by Skate Canada Northern Ontario and waives all rights to remuneration or otherwise in connection with the above.

The foregoing is subject to assurance that the eligible status of the competitor will be fully protected by Skate Canada Northern Ontario.

LIABILITY WAIVER

It is understood and agreed that Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee shall not be liable for injury or loss occasioned by the Athlete while travelling to or from or during the **Bala Cranberry Capers** nor shall Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee be responsible for any damages or losses caused by the Athlete during the same time. The Athlete and/or Athlete's parent(s)/legal guardian agrees to indemnify Skate Canada, Skate Canada Northern Ontario and the Local Organizing Committee and hold it harmless from any claims or demands in respect of such loss or damage.

DATE _____

Competitor's Signature

Signature of Parent/Guardian if Competitor is under 18 Years of Age



Cranberry Capers
Saturday January 30th, 2010

Competitor's Name: _____ M/F ____
Phone #: _____ Date of Birth ____/____/____
Home Club: _____ Club #: _____
SC #: _____

Coaches Name & EMAIL _____

Entry Fees:

\$50.00 per skater \$90.00 per family of 2 skaters \$130.00 per family of 3 or more skaters
\$35.00 CanSkate ½ ice no music circuit event

----- Please remember to enclose birth certificate and proof of test completion -----

Please indicate skating category in the boxes provided & circle age level

Free Skate

- Pre Introductory A B C
- Introductory A B C
- Pre Preliminary A B C
- Preliminary A B C
- Jr Bronze A B C
- Sr Bronze A B C

Circuit ½ no music

- Beginner
- CanSkate 1 A B
- CanSkate 2 A B
- CanSkate 3 A B
- CanSkate 4 A B
- CanSkate 5 A B
- CanSkate 6 A B

Highest Badge/Skate Canada Test Passed _____

Certification by Club Official: To the best of my knowledge, the above is true and correct. The skater is a member of the club and is in good standing.

Signature of Club Official & Date _____

Refunds provided for illness/injury accompanied by a doctor's note, or for an event cancellation due to lack of competitors. A \$35.00 NSF fee will apply for returned cheques.

Signature of Parent/Guardian: _____

All entries must be received no later than **December 18, 2009**. Entry Fees due (with application) by cheque , money order (**ONLY**)

Cheques/money orders are to be made payable to **Bala & Area Figure Skating Club**.

Mail entries to Bala & Area Figure Skating Box 418 Bala, ON P0C 1A0
We can also be contacted by email at balafigureskating@hotmail.com

Would you like to place a Personal Message for a competitor in our Program?

Message (15 words or less) \$ 5.00

Message (please print clearly): _____

