

# 38<sup>th</sup> ANNUAL



**February 26 - 28, 2010**

Sanctioned by



# ANNOUNCING THE 38<sup>TH</sup> ANNUAL THUNDER BAY OPEN COMPETITION FEBRUARY 26-28, 2010

THUNDER BAY TOURNAMENT CENTRE - 2050 Mountain Road, Thunder Bay, Ontario

The FORT WILLIAM and THUNDER BAY FIGURE SKATING CLUBS are pleased to invite you to THUNDER BAY OPEN 2010. This event will be held in accordance with Skate Canada rules. The organizing committee reserves the right to restrict numbers in each event. If there are insufficient numbers in any event, the event will be cancelled.

## GENERAL INFORMATION

### ELIGIBILITY

Entrants must be registered amateur skaters in good standing with Skate Canada. Skaters may compete in the events as qualified for by their age and test levels as of January 1<sup>st</sup> 2010. Birth Certificate and Proof of Test Required. Skaters are invited to "skate up" one event category.

### ENTRY FORMS

Entry forms and fees must be submitted to the competition together. All incomplete forms will be returned to the Club or skater. Submit one official entry form for each event entered by the competitor. **Skaters are limited to six (6) events excluding the team event. The Triathlon event will constitute as three (3) events.** We ask that clubs co-ordinate their entries so that all entry forms from your Club and a cheque for the **TOTAL** entry fee is forwarded to the Host Committee/Club rather than individual entries. Please provide the attached master list of skaters' names and events with your entry. Skaters' names should be typed.

### TESTING

Skaters have the opportunity to test **all** Free Skate, Interpretive and Skating Skills tests. The skaters are not required to provide any Summary Sheets or Test Sheets. This year, tests will not be done in conjunction with the competition. Tests are subject to evaluator availability. Tests are scheduled for Friday, February 26, 2010 starting at 11:00 AM.

### ENTRY FEES

1 <sup>st</sup> Event:	\$50.00 per competitor
1 <sup>st</sup> Competitive Event:	\$55.00 per competitor
Triathlon Event:	\$65.00 per competitor
All Subsequent Events:	\$15.00 per competitor
Team Event	\$40.00 per team
Canskate Events:	\$15.00 per competitor

Please make cheques or money orders payable to **THUNDER BAY OPEN 2010**. Entry fee must accompany the applications. There will be a \$35.00 administration fee on any NSF cheques. The amount of the returned cheque and the \$35.00 administration fee must be paid in cash, certified cheque, bank draft, or money order prior to the skater being permitted to compete. Entry fees shall be refunded only if the event is not held or the competitor produces a Medical Certificate within 15 days of the competition.

## EVENT SPECIFICATIONS

1. **Event Composition:** In normal circumstances, each category at the competition must be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of STARSkate Interclub competition to combine events as follows:
  - a. Combine two or more categories in the same event when each category has fewer than three entries.
  - b. Combine two or more categories in the same event when one category has insufficient entries to hold the event
  - c. Combine men and women in events when insufficient entries are registered in one to hold the event.

The decision to combine events is at the discretion of the Technical Representative and the Host Committee.

In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected.

2. **Grouping Skaters by Age:** The following guideline is suggested for grouping skaters: For events that require grouping because of a large number of entries, the following procedure may be used:
  1. In a category that does not progress skaters on to a subsequent competition, and no final round is held, skaters may be divided and grouped according to age.
  2. In an event that progresses skaters on to a subsequent competition or when a final round is held, skaters in the same category must be divided and grouped by random draw.

## ENTRY DEADLINE

All entries must be received no later than **Wednesday, January 20<sup>th</sup> 2010**. Late entries MAY be accepted only at the discretion of the Technical Representative and the Host Committee.

## ICE SURFACES

Rink 1: 85' X 200'

Rink 2: 85' X 190'

## MARKING SYSTEM

**The CPC method will be used for Competitive and Triathlon events if officials are available.**

Closed marking using OBO method with the Well-Balanced Program Criteria will be used for all other events.

## MUSIC

1. **Registration of Music:** Music must be turned in at the time of registration. Cassettes, CD's and their cases must have the competitor's name and event clearly printed on them.
2. **Dance Music:** For the information of Dance competitors, 2001 Skate Canada Series 8 music (or ISU music when applicable) will be used for all compulsory dance events.
3. **Music Requirements:** Each entry must provide 2 cassettes or CD's for the competition upon registration. One for competition (marked "MASTER") and one for back-up (marked "COPY"). The copy tape is to be held by the coach at rink side during the event entered.

### **Standard Specifications for Cassettes and CD's**

1. Only one program shall be recorded on each cassette or CD.
2. The start of the music shall be recorded on the tape or CD at least (3) seconds following the head leader and not more than 5 seconds.
3. Music shall be recorded at equal levels on both left and right channels in stereo.
4. Competitor's name and event, followed by music time (not skating time) and club shall be clearly printed on side one of the cassette or CD
5. Each cassette or CD shall be enclosed in its plastic container
6. Music recording levels shall be a maximum of OVU and a minimum of 8VU
7. Cassettes or CDs must be marked with the skater's name, event and total music time and enclosed in their integral container, also marked accordingly.
8. Be sure tapes are rewound.
9. All cassettes will be registered and placed with the music committee at the time of competitors' registration. All music should be picked up after the event.

### **AWARDS**

Medals will be presented to the top 3 skaters in each flight. Ribbons will be presented for all fourth, fifth and sixth place finishers. There will be no medal presentation ceremony, a medal booth with podium will be available with posted hours.

### **PROTOCOLS**

Club protocols will not be available. All final results will be available on the Skate Canada Northern Ontario website. Please go to [www.scno.net](http://www.scno.net)

### **TEAM AWARD**

The John N. Patterson Trophy will be presented to the club scoring the highest number of points. Points allotment is as follows:

- 1<sup>st</sup> place - 7 points
- 2<sup>nd</sup> place - 5 points
- 3<sup>rd</sup> place - 3 points
- 4<sup>th</sup> place - 1 point

### **FACILITIES**

Many facilities will be open in the Thunder Bay Tournament Centre and will be open throughout the competition.

### **MISCELLANEOUS**

Competitors are advised to arrive at the Thunder Bay Tournament Centre one hour prior to their scheduled event time, to ensure their participation, should the schedule be accelerated slightly. All skaters must report to the Ice Captain one (1) hour before the scheduled event. If you are skating in the first event of the morning, please report to the Ice Captain ½ hour before your scheduled event.

All entries should be forwarded to:

**THUNDER BAY OPEN 2010**  
c/o Sheri Nickerson,  
438 Simon Fraser Drive, Thunder Bay, ON P7C 4Z8

If you have any question regarding registration please contact the Registration Chairperson:

**SHERI NICKERSON**

[SNICKER438@HOTMAIL.COM](mailto:SNICKER438@HOTMAIL.COM)

If you have any question regarding the events or test day please contact the Technical Representative:

**JULIA MULLINS**

[JULIA\\_MULLINS@HOTMAIL.COM](mailto:JULIA_MULLINS@HOTMAIL.COM)

### **ACCIDENTS/LIABILITY**

Skate Canada, the Section and Local Host and Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in this competition, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the Association, The Section, the Host Club and Volunteer Team and against their officers and their entries shall be accepted only on these conditions.

### **THIS ANNOUNCEMENT IS SUBJECT TO CHANGE**

<b>INSTRUCTIONS TO CLUB COMPETITION CHAIRPERSON</b>
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1. Photocopy the Thunder Bay Open 2010 registration forms on *white* paper
2. Please check form **thoroughly**. Please ensure that all skaters and parents sign the waiver of responsibility on page 20.
3. Complete the Thunder Bay Open Registration List
4. Send all the registration forms together by courier or mail, complete with a copy of the Thunder Bay Open Registration List and **one club cheque** payable to **THUNDER BAY OPEN** by Wednesday, January 20<sup>th</sup>, 2009 to:

**THUNDER BAY OPEN 2010**  
**c/o Sheri Nickerson**  
**438 Simon Fraser Drive,**  
**Thunder Bay, ON P7C 4Z8**

5. Please confirm arrival of registration forms with Sheri Nickerson within a week of sending the forms to ensure arrival. *If forms are filled out incorrectly, a \$10.00 surcharge will be added to the registration form per incorrect event when errors are caught onsite.* The committee stresses that it is the skaters, parents, and coaches responsibility to ensure that forms are filled out correctly before they leave the Club's possession.

# LONG TERM ATHLETE DEVELOPMENT (LTAD)

Canadian Sport for Life, [www.canadiansportforlife.ca](http://www.canadiansportforlife.ca), is a movement to increase sport's contribution in Canadian society recognizing sport as an important part of everyone's life by promoting each child's healthy and logical development in a sport or physical activity. On the Canadian Sport for Life website, information can be found explaining the importance of sport for all ages and stages by giving children the skills that they need to develop Physical Literacy for both healthy life long enjoyment and for sporting success. The site provides information for parents, educators, coaches and athletes and further explains the LTAD objectives and principles which are to be adopted by Canadian sports organizations. Also of note, as this is a federal government sports funding organization, future sport funding is reliant on organizations moving in this direction.

Skate Canada's LTADM, in unison with the Canadian Sport for Life model, provides athletes and coaches with the fundamental tools to support the progression of skaters from the beginning stages through to international competitions and podium finishes – if that is the athlete's goal in any discipline. LTAD also supports our skaters who are focused on participation to develop the skills needed to enjoy a lifetime of participation in the sport – on and off the ice.

Skate Canada Board of Directors has approved the LTAD model and has advised that the initial focus is to be on revisions to the CanSkate program. Although it is recognized that this model was made by making some difficult decisions, they are decisions that Skate Canada believes will ultimately benefit all skaters and they were not made without extensive reviews of all events. It is the role of the Section, Regions and Clubs to support the philosophies and guidelines of our national Board of Directors.

At the club and section level, the document helps with skater development by outlining what athletes require at different stages in order to maximize rather than hinder their progression. Parents and coaches can use this document to understand the key stages of development necessary for success – whatever that may be for each individual – taking into account growth, development and the maturation process.

Stages of Athlete Development are outlined in the LTADM. They include:

1. Learn to Skate
2. Learn to Train
3. Learn to Compete
4. Train to Compete
5. Learn to Win/Live to Win
6. Active for Life

Our Generic Technical Package, in keeping with and supporting the principles of LTADM by Skate Canada, will focus on Learn to Skate and Learn to Train. There will be changes implemented this season and in the next few years by Skate Canada which will impact this document and the way in which club competitions are currently being run.

Success in sport depends to a great extent on the development of physical literacy defined as competency in fundamental movement skills, motor skills and basic sport skills. These 3 key components should be taught in a fun learning environment which allows participants to equate physicality with enjoyment. It is the goal of Skate Canada, and therefore all of its participating clubs, to ensure that all members registered in Skate Canada programs learn the basics early in their involvement. Children are to develop physical literacy before the onset of the growth spurt. Without these basic movement and motor skills, a child will have difficulty participating in any sport and will have less chance for lifelong enjoyment of physical activity.

The first stage of Skate Canada's LTADM to be rolled out will be Learning to Skate. This phase consists of two phases – Active Start and FUNdamentals. The chronological age suggested for this phase is 3 – 9 years of age. When athletes reach the upper age, they are ideally ready to progress into the next stage of development.

The philosophy of Learning to Skate is to provide opportunities for all Canadians to learn to skate in a fun, safe and engaging environment and to become interested for lifelong participation.

Learning to Skate General Objectives are to:

1. Create a fun and active learning environment;
2. Acquire/develop basic sport specific skills;
3. Develop fundamental movement skills on ice;
4. Introduce motor skills;
5. Introduce simple rules and ethics of the sport;
6. Develop self-confidence, focus and positive attitude; and
7. Try to instill to love of figure skating.

In this stage, the primary focus is skill development. For skaters ages 3-5 there is absolutely no need for any sort of competition. All of their time on the ice should be dedicated to training as outlined in the objective above.

For skaters aged 5 to 8/9, **skill presentation should be introduced**. Introducing this at an early age can help identify possible talent as well as instill expectations for later development.

**Rather than performing programs at this level, skaters will focus on elements based on fundamental movement and motor skills.** Skill Presentation should be in the context of fun team meets at the club level where rewards are given but no ranking occurs. For the 2009-2010 season, club competitions will continue with ranking of results, however the move over the next few years nationally will be on rewards and not ranking of skaters in this level. The focus is on performance NOT competition and only 10% of a skater's time should be dedicated to performance at this stage of development.

In the Learning to Train stage, it is the goal of Skate Canada to encourage skaters to acquire a skill set that allows them to reach their own personal level of proficiency. Technical development is a primary focus at this stage, along with the introduction of physical and mental preparation. Skate Canada has also outlined specific competition guidelines for the Learning to Train stage, again, focusing in the beginning on a combination of element and skill performance and progressing, if the skater so desires, into the presentation of programs with choreography. **It is still recommended, that through this stage, skill presentations remain the primary focus.**

Detailed information on the LTADM can be found on the Skate Canada Members Only site. It is recommended by SC and SCNO, that parents, coaches, board members read through this information and attend information sessions when they are presented at a club or town nearby.

This long-term athlete development philosophy does impact the way we are currently organizing and running our competitions. It does impact the Generic Technical Package as it has become known. SCNO believe these changes are positive and hope, that with information and education, our Section members and coaches will embrace this philosophy and work towards the promotion of skating as a sport for all children at all stages of development and as an option for lifelong physical activity and enjoyment.

*(This information is taken from the Canadian Sport for Life website [www.canadiansportforlife.ca](http://www.canadiansportforlife.ca); Long-Term Athlete Development, Canadian Sport for Life document, published by Skate Canada 2008; comments from William Bridel, April 2009 as well as the Skate Canada Update document dated June 12, 2009).*

## EVENT MARKING CRITERIA, TIE BREAKING AND FACTORS

The following table is the marking criteria for our section competitions. We recommend adding this table to your announcement, so it is clear to skaters, coaches and parents how the factors will be done for the competitions.

EVENT	MARKING CRITERIA	FACTOR	%	TIE BREAKER
<b>Free Skate</b>	Technical Merit, Presentation	1.0	100	2 <sup>nd</sup> mark
<b>Pairs</b>	Technical Merit, Presentation	1.0	100	2 <sup>nd</sup> mark
<b>Dance</b>				
Compulsory 1	Technique, Timing/Expression	0.5	50	1 <sup>st</sup> mark
Compulsory 2	Technique, Timing/Expression	0.5	50	1 <sup>st</sup> mark
<b>Interpretive</b>	Skating, Performance	1.0	100	2 <sup>nd</sup> mark
<b>Skating Skills</b>				
Exercise 1	Technique, Pacing/Performance	0.5	50	1 <sup>st</sup> mark
Exercise 2	Technique, Pacing/Performance	0.5	50	1 <sup>st</sup> mark
<b>Triathlon events</b>				
Free Skate	Technical Merit, Presentation	1.0	33.3	2 <sup>nd</sup> mark
Skating Skills	Technique, Pacing/Performance	1.0	33.3	1 <sup>st</sup> mark
Interpretive	Skating, Performance	1.0	33.3	2 <sup>nd</sup> mark
<b>Biathlon Events</b>				
Compulsory Dances				
Compulsory 1	Technique, Timing/Expression	0.5	25	1 <sup>st</sup> mark
Compulsory 2	Technique, Timing/Expression	0.5	25	1 <sup>st</sup> mark
Creative Dance	Composition Presentation	1.0	50	2 <sup>nd</sup> mark

### PLEASE NOTE

**All programs MUST be based on the Well Balanced Program. The Free Skates have been revised as per Skate Canada 2009/2010 STARSkate Well Balanced Program Requirements. The WPB will be strictly enforced, and deductions will be given for any elements that are not specified.**

***Skate Canada guidelines and announcements supersede this document.***

***All areas of possible conflict will be resolved by the SCNO Championship Chair.***

# THE EVENTS

## All event specifications are in the Skate Canada Northern Ontario 2009-2010 Generic Announcement Package.

### FREESKATE EVENTS

- All skaters must be registered in the STARSkate Program. Skaters who have completed the CanSkate program during the season are eligible for these events.
- Competitive singles test equivalencies in the STARSkate program:
  - Juvenile Competitive Singles Test = Senior Bronze Free Skating Test
  - Pre-Novice Competitive Singles Test = Junior Silver Free Skating Test
  - Novice Competitive Singles Test = Senior Silver Free Skating Test
  - Junior or Senior Competitive Singles Test = Gold Free Skating Test
- Skaters may enter either STARSkate Singles Events or Competitive Events **BUT NOT BOTH**.
- Skaters who have registered for the 2010 Sectional Competition must compete in Competitive Events for the balance of the season.
- Skaters may skate up one category.
- All categories may be divided by age
- All categories have the program time listed that will be used for the 2010 qualifying event for Trillium STARSkate (Festival of STARS). Competition organizers may change the program times by 30 seconds to allow skaters to skate up a category.

**All programs MUST be based on the Well Balanced Program. The Free Skates have been revised as per Skate Canada 2009/2010 STARSkate Well Balanced Program Requirements. The WPB will be strictly enforced, and deductions will be given for any elements that are not specified.**

**NOTE: As per the competitive stream, for all recreational levels - a spin of any nature - the skater cannot repeat a spin that has already been performed.**

### PRE-INTRODUCTORY

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada tests.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
  - May include a waltz jump, salchow, toe loop, and loop - **no higher jumps allowed**
  - Must include at least 1 waltz jump
  - Maximum 2 combinations or sequences (using the above specified jumps only)
  - Maximum 3 different jumps repeated and no jump included more than 3 times. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
  - No flying spins or combination spins permitted
  - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence OR series of 2 field moves (but not both)

## **INTRODUCTORY FREE SKATE**

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test.** SPECIFICATIONS FOR EVENT:

One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
  - No jump higher than 1flip – **no higher jumps allowed**
  - Must include at least 1 waltz jump
  - Maximum 2 combinations or sequences (no jumps higher than a flip allowed)
  - Maximum 2 different jumps repeated and no jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
  - No flying spins permitted
  - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence

***NOTE: Please check Skate Canada website for updates to well balanced program requirements from Pre-Preliminary to Gold***

## **PRE-PRELIMINARY FREE SKATE**

TEST REQUIREMENTS: **May have passed a Skate Canada test, but must not have passed the complete Preliminary Free Skate Test.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
  - No jump higher than 1Lutz
  - Must include at least 1 waltz jump
  - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
  - No flying spins permitted
  - 1 spin must be in one position, not in combination, no change of foot
  - Maximum 1 may be a combination spin, no change of foot
3. Maximum 1 step sequence or spiral sequence.

## **PRELIMINARY FREE SKATE**

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete free skate test.

SPECIFICATIONS FOR EVENT: One free program of 2.0 minutes in length (+/- 10 seconds)

1. Maximum 6 jump elements
  - All single jumps permitted and maximum one double jump which may be a Double Salchow or Double Toe Loop
  - Must include at least 1 Axel type jump (waltz or single Axel)
  - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 2 spins of any nature
  - Maximum 1 spin may be a flying spin
  - One spin of any nature.
3. Maximum 1 step sequence or spiral sequence.

## **JUNIOR BRONZE FREE SKATE**

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete free skate test.

**All elements will be called no higher than Level 1.**

SPECIFICATIONS FOR EVENT: One free program of 2.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
  - All single jumps permitted and maximum two double jumps that may be up to and including double loop.
  - Must include at least 1 Axel type jump (waltz or single Axel)
  - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 3 spins

- 1 Spin must be a flying spin
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

### **SENIOR BRONZE FREE SKATE**

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete free skate test.

**All elements will be called no higher than Level 1.**

One free program of 3.0 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.0 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
  - All single and double jumps permitted except double Axel
  - Must include at least 1 Axel type jump (waltz or single Axel)
  - Maximum 3 combinations or sequences. Jump combinations may include no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
  - 1 Spin must be a flying spin in one position with no change of foot.
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

### **JUNIOR SILVER FREE SKATE**

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete free skate test.

One free program of 3.5 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
  - All jumps permitted
  - Must include at least 1 Axel type jump (waltz or Axel type)
  - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
  - 1 spin must be a flying spin one position with no change of foot.
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

### **SENIOR SILVER FREE SKATE**

TEST REQUIREMENTS: May have passed the Senior Silver Free Skate test but no higher complete free skate test.

One free program of 3.5 minutes in length (+/- 10 seconds) – Women

One free program of 4.0 minutes in length (+/- 10 seconds) - Men

SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
  - All jumps permitted
  - Must include at least 1 Axel type jump (waltz or Axel type)
  - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
  - 1 spin must be a flying spin one position no change of foot.
  - 1 spin must be a combination (change of foot mandatory).
  - 1 spin of any nature

***NOTE: A fourth spin of any nature may be included. In CPC, the first three spins to fulfill the requirements as outlined above will be counted; the first that is outside of these requirements will not be counted and will not receive any value. The fourth spin will not be subject to a deduction in 6.0.***

3. Women:

- Maximum 1 step sequence or spiral sequence.

Men:

- Maximum 1 step sequence (straight line, circular or serpentine).

**NOTE: the first allowed step or spiral sequence will be counted. Additional step of spiral sequences will be considered as transitions in CPC and will not be subject to deduction in 6.0.**

### **GOLD FREE SKATE**

TEST REQUIREMENTS: May have passed the Gold Free Skate test  
One free program of 3.5 (ladies) or 4.0 (men) minutes in length (+/- 10 seconds).

1. Maximum 7 jump elements
  - All jumps permitted
  - Must include at least 1 Axel type jump (waltz or Axel type)
  - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 3 spins
  - 1 spin must be a flying spin one position with no change of foot.
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature

**NOTE: A fourth spin of any nature may be included. In CPC, the first three spins to fulfill the requirements as outlined above will be counted; the first that is outside of these requirements will not be counted and will not receive any value. The fourth spin will not be subject to a deduction in 6.0.**

3. Women:
  - Maximum 1 step sequence or spiral sequence.Men:
  - Maximum 1 step sequence (straight line, circular or serpentine).

**NOTE: the first allowed step or spiral sequence will be counted. Additional step of spiral sequences will be considered as transitions in CPC and will not be subject to deduction in 6.0.**

### **OPEN FREE SKATE** - For skaters not eligible to compete in any other singles event.

TEST REQUIREMENTS: Must have passed Gold Free Skate test  
SPECIFICATIONS FOR EVENT: One free program of 3.5 (ladies) or 4.0 (men) minutes in length (+/- 10 seconds).

NOTE: Well balanced program requirements the same as for the gold event listed above

**NOTE: Skaters may skate up in the Free Skate events.**

## **ELEMENT EVENTS**

- Elements will be skated as a simple program WITHOUT MUSIC (background music will be played).
- Elements must be skated as specified and may be performed in any order.
- Spins and combination spins must be held for the specified revolutions.
- There must be no turn or change of foot between jumps in combination
- An axel is a single jump
- Field movements (for example Spirals, Ina Bauers, Pivots) will be penalized unless specified
- Connecting steps may be used
- Added elements or the retrying of a missed element will be penalized
- The retrying of a missed element is at the discretion of each technical representative and such should be stated in the competition announcement.
- Elements should be conducted using ½ of the ice surface except for senior bronze and up at the discretion of the tech rep.
- If not successfully skated the first try, each element may be retried once, by signaling the referee with a raised hand
- *Elements that require skaters to be physically joined together at any time are prohibited* – these include a team spiral or shoot-the-duck. The rationale for the removal of these team element events is due to an increased concern for skater safety.

### **PRE-INTRODUCTORY ELEMENTS**

TEST: **Must NOT have passed ANY Skate Canada Tests**

PROGRAM LENGTH – One minute maximum

NO MUSIC – ½ Ice Surface

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Toe Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

**INTRODUCTORY ELEMENTS**

TEST: **May not have passed any part of a Preliminary Free Skate test.**

PROGRAM LENGTH – One minute maximum

NO MUSIC – ½ Ice Surface

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

**PRE-PRELIMINARY ELEMENTS**

TEST: Must not have passed the complete Preliminary Free Skate Test.

PROGRAM LENGTH – One minute maximum

NO MUSIC – ½ Ice Surface

SPECIFICATIONS FOR EVENT:

1. Loop Jump
2. Flip Jump
3. Toe Loop/Toe Loop Jump Combination
4. Spin in one position (change of foot optional), minimum 2 rotations
5. Forward Spiral, edge optional

**PRELIMINARY ELEMENTS**

TEST: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

PROGRAM LENGTH: One minute maximum

NO MUSIC – ½ ice surface

SPECIFICATIONS FOR EVENT:

1. Flip Jump
2. Lutz Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Camel/Sit Spin, no change of foot, minimum 3 rotations in each position
5. Backward Spiral, edge optional

**JUNIOR BRONZE ELEMENTS**

TEST: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

PROGRAM LENGTH - One minute thirty seconds maximum.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel Jump
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Flying Camel Spin, minimum 3 rotations
5. Series of Field Movements that cover at least ½ the ice surface

**SENIOR BRONZE ELEMENTS**

TEST: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

PROGRAM LENGTH – Shall not exceed two minutes and 15 seconds in length.

NO MUSIC.

SPECIFICATIONS FOR EVENT:

1. Axel Jump

2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and 2 rotations in each position
5. Straight Line Step Sequence (full ice surface may be used)

### **JUNIOR SILVER ELEMENTS**

TEST: May have passed the Junior Silver Free Skate test but no higher complete free skate test

PROGRAM LENGTH – Shall not exceed two minutes and 15 seconds in length.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 5 rotations on each foot and 2 rotations in each position
5. Sequence of 3 field movements of your choice (full ice surface may be used)

### **SENIOR SILVER ELEMENTS**

TEST: May have passed the Senior Silver Free Skate test but no higher complete Free Skate test

PROGRAM LENGTH – Shall not exceed two minutes and 15 seconds in length.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel
2. Double Flip
3. Jump Combination with 2 double jumps
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 5 rotations on each foot and 2 rotations in each position
5. Straight Line Step Sequence (full ice surface may be used)

### **GOLD ELEMENTS**

TEST: May have passed the Gold Free Skate test

PROGRAM LENGTH – Not to exceed two minutes 40 seconds.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel Jump
2. Double Lutz
3. Jump Combination consisting of 2 double jumps **OR** 1 double and 1 triple jump.
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 6 rotations on each foot and 2 rotations in each position
5. Spiral Sequence (Ladies) **OR** 1 Step Sequence of any shape (Men) (full ice surface may be used)

### **OPEN COMPETITIVE SHORT PROGRAM**

TEST: Must have passed Pre-Novice Competitive test

SPECIFICATIONS FOR EVENT: Pre-Novice Short Program of the 2009-10 Pre-Event Technical Package

<b>SPIN EVENTS</b>
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- Spins WILL BE SKATED IN ISOLATION.
- Background music only
- Spins should be conducted using ½ of the ice surface.

### **PRE-INTRODUCTORY SPINS**

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada Tests**

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

## **INTRODUCTORY SPINS**

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test.**

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

## **PRE-PRELIMINARY SPINS**

TEST REQUIREMENTS: May not have passed the complete Preliminary Free Skate Test.

SPECIFICATIONS FOR EVENT:

- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Sit Spin, minimum 2 rotations

## **PRELIMINARY SPINS**

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Back Corkscrew Spin, minimum 3 rotations
- Flying Spin, minimum 3 rotations
- Combination Spin – minimum of 2 positions, optional change of foot, minimum 4 rotations in total

## **JUNIOR BRONZE SPINS**

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Flying Camel Spin, minimum 3 rotations
- Layback or Sideways Lean Spin (Ladies) **OR** Camel Sit Spin (Men), minimum 3 rotations
- Combination Spin – minimum of 2 positions, 1 change of foot, minimum 3 rotations on each foot and minimum 2 rotations in each position

## **SENIOR BRONZE SPINS**

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Layback or Sideways Lean Spin (Ladies) **OR** Crossfoot Spin (Men), minimum 4 rotations
- Sit Change Sit Spin, minimum 4 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and minimum 2 rotations in each position

## **JUNIOR SILVER SPINS**

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Camel Change Camel Spin, minimum 5 rotations
- Flying Camel/Back Sit Spin, minimum 5 rotations and minimum 2 rotations in each position
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 5 rotations on each foot and minimum 2 rotations in each position

## **SENIOR SILVER SPINS**

TEST REQUIREMENTS: May have passed the Senior Silver Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Layback or Sideways Lean Spin (Ladies) **OR** Upright Variation Spin (Men), minimum 5 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 5 rotations on each foot and minimum 2 rotations in each position
- Flying Sit Spin with optional foot of landing, minimum 5 rotations

## **GOLD SPINS**

TEST REQUIREMENTS: May have passed the Gold Free Skate test

SPECIFICATIONS FOR EVENT:

- Camel Change Camel Spin, minimum 6 rotations on each foot

- Flying Sit or Flying Change Sit Spin, minimum of 6 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 6 rotations on each foot and minimum 2 rotations in each position

## JUMP EVENTS

Entrants will qualify according to their Free Skating level. Pre-Preliminary through Junior Bronze will be skated on a half sheet of ice. Senior Bronze through Gold will be skated on full sheet of ice. Jumps should be performed in order and as stated. Skater will be given 2 opportunities to attempt each jump, and will be judged on the best one. A jump combination is a sequence of two or more jumps in which the landing edge of the first jump serves as the take-off edge for the second jump and so on. There is no change of foot or turn between the jumps, although the toe may be used to assist the take-off (Skate Canada Technical Handbook 2.1 (7)).

The following format will be used for this event: Each skater will perform **all** of his or her jumps in sequence. For example in the Pre-Preliminary the jumps are Toe Loop and combination of any 2 single jumps (no Axels). Skater # 1 will take to the ice and be given 2 attempts at the Toe Loop, followed by 2 attempts at combination of 2 single jumps. The best Toe Loop and best combination will be judged. Where a skater is given a choice of which jumps to perform, the first attempt will determine the jump to be judged. The skater will not be permitted to change jumps on the second attempt.

### **PRE-PRELIMINARY JUMP EVENT**

TEST: May have passed a Skate Canada test, but not the complete Preliminary Free Skate test  
*Toe Loop, Salchow, combination of any 2 single jumps (Toe Loop cannot be repeated as first jump, No axels)*

### **PRELIMINARY JUMP EVENT**

TEST: May have passed the Preliminary Free skate test but no higher complete test.  
*Loop, Flip or Lutz jump, combination of any single jump with a Loop jump (may be an Axel)*

### **JUNIOR BRONZE JUMP EVENT**

TEST: May have passed the Junior Bronze Free skate test but no higher complete test  
*Axel, any double jump, combination double jump with a Loop jump.*

### **SENIOR BRONZE JUMP EVENT**

TEST: May have passed the Senior Bronze Free skate test but no higher complete test  
*Axel, double Toe Loop, combination of a Lutz and single or double Loop.*

### **JUNIOR SILVER JUMP EVENT**

TEST: May have passed the Junior Silver Free skate test but no higher complete test  
*Double Loop, double Flip or Lutz, combination of any 2 jumps, second must be a double*

### **OPEN JUMP EVENT**

TEST: Must have passed Sr. Silver Free skate test  
*Double Lutz, double Axel, combination of any 2 double jumps or a triple and double.*

## INTERPRETIVE EVENTS

### **PRE- INTRODUCTORY INTERPRETIVE**

TEST REQUIREMENTS: Must not have passed any Skate Canada Interpretive Skating test.  
 SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

### **INTRODUCTORY INTERPRETIVE**

TEST REQUIREMENTS: Must have passed the Introductory Interpretive test but no higher.  
 SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

### **BRONZE INTERPRETIVE**

TEST REQUIREMENTS: Must have passed the Bronze Interpretive test but no higher.

SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

### **SILVER INTERPRETIVE**

TEST REQUIREMENTS: Must have passed the Silver Interpretive test but no higher.

SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

### **GOLD INTERPRETIVE**

TEST REQUIREMENTS: Must have passed the Gold Interpretive test

SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

## **SHOW PROGRAMS**

### **JUNIOR SHOW PROGRAM**

Age restriction of eight (8) years and under. Maximum of 10 skaters per flight or at the discretion of the Technical Representative.

Program Length: Music shall not exceed 1 minute and 30 seconds.

General Information: There are no theme categories. Skaters either by themselves or with their coaches are to select their own music and choreograph the program. Skaters will be judged on their ability to interpret the music they have chosen. The emphasis is taken off the technical side and placed on the simple moves that will help convey a feeling or mood for the music.

### **INTERMEDIATE SHOW PROGRAM**

Age restriction of nine (9) years of age to twelve (12) years, inclusive. Maximum of 10 skaters per flight or at the discretion of referee.

Program Length: Music shall not exceed 1 minute and 30 seconds.

General Information: There are no theme categories. Skaters either by themselves or with their coaches are to select their own music and choreograph the program. Skaters will be judged on their ability to interpret the music they have chosen. The emphasis is taken off the technical side and placed on the simple moves that will help convey a feeling or mood for the music.

### **SENIOR SHOW PROGRAM**

Age restriction of thirteen (13) years of age or older. Every attempt will be made to have a maximum of 12 skaters per flight (at the discretion of the referee) and new music (the theme will remain consistent) will be edited for each flight.

Program Length: 1.5 minute in length

Theme: To be announced

General Information: Music will be selected and custom edited by an impartial person to suit each competition. Music will be played twice for skaters entering the event. The skaters will then go into a room out of sight and hearing of the ice arena. Each competitor in turn skaters an interpretation of the music. After skating their program, the competitor may not re-enter the dressing room until the entire event has been completed. Program need not include jumps or spins but they may be used if they enhance the interpretation.

## **TRIATHLON EVENTS - \$65.00 PER SKATER**

Entrants must register to compete in the highest Triathlon level that their test qualifications qualify them for. If a skater meets the test requirements for any two disciplines they must compete at that level. For example: a skater who has passed the Senior Silver Skating Skills, Bronze Interpretive and Senior Silver Free Skate must compete in the Silver Triathlon and cannot skate in Bronze Triathlon.

**NOTE: Events to be skated in the order listed and not all on the same day**

## **BRONZE TRIATHLON**

TEST PREREQUISITE: Must have passed at least two of the following tests: Junior Silver Free Skate test, and/or Junior Silver Skating Skills test, and/or Bronze Interpretive Test.

SPECIFICATIONS FOR EVENT: The Bronze Triathlon shall consist of 3 parts:

- One Bronze Creative Skating Skills Exercise (technical requirements available on the Skate Canada Members Only website) 2.0 minutes maximum
- One Bronze Interpretive program (2.0 to 3.0 minutes +/- 10 seconds in length)
- One Free Skate program as per the Junior Silver WBP requirements (3.5 min +/- 10 seconds)

## **SILVER TRIATHLON**

TEST PREREQUISITES: Must have passed at least two of the following tests: Senior Silver Free Skate test, and/or Senior Silver Skating Skills test, and/or Silver Interpretive Test.

SPECIFICATIONS FOR EVENT: The Silver Triathlon shall consist of 3 parts:

- One Silver Creative Skating Skills Exercise (technical requirements available on the Skate Canada Members Only website) 2.0 minutes maximum
- One Silver Interpretive program (2.0 to 3.0 minutes +/- 10 seconds in length)
- One Free Skate program as per the Senior Silver WBP requirements (3.5 +/- 10 seconds)

## **GOLD TRIATHLON**

TEST PREREQUISITES: Must have passed at least two of the following tests: Gold Free Skate test, and/or Gold Skating Skills test and/or Gold Interpretive test.

SPECIFICATIONS FOR EVENT: The Gold Triathlon shall consist of 3 parts:

- One Gold Skating Skills Creative Exercise (technical requirements available on the Skate Canada Members Only website) 2.0 minutes maximum
- One Gold Interpretive program (2.0 to 3.0 minutes +/- 10 seconds in length in length)
- One Free Skate program as per the Gold WBP requirements (3.5 min ladies or 4.0 min men +/- 10 seconds)

NOTE: Entrants must register to compete in the highest Triathlon level that their test qualifications qualify them for.

# **TEAM EVENTS**

Eligibility is by test level and is the same as listed for Free Skating Events. Each team will consist of four (4) skaters. Teams may consist of four female skaters, four male skaters, or any combination there of. All four skaters on a team must have passed no higher than the free style test listed for that level of competition, but may have a lower test. Teams may have members from different home clubs. Substitution(s) of a team member(s) may be made after the closing date of entries for medical reasons only. A skater may participate in only one team event. A Team Captain must be named on the entry form for confirmation contact.

### **THE COMPULSORY TEAM EVENTS WILL NOT BE CHOREOGRAPHED ROUTINES.**

All teams will take their place on the ice directly across from the judges in order of skate, and each team member will execute one of the four elements listed for their event and will have one chance to execute it. There will be a maximum of 6 teams on the ice, and the order of skate in the flight will be the Teams Number. The Announcer will announce the element to be performed by the teams. The order for executing the elements will be the first element to be executed, and after the first element is executed, the skaters will then move on to execute each remaining 3 elements in the same sequence. Each element will be given a mark and all four marks will be totaled giving the final score in order to give the team their finals (ordinal) placement.

### **PRE- PRELIMINARY TEAM EVENT**

Passed no complete Skate Canada Free Skating Test

- Elements:
1. Waltz Jump
  2. One Foot Spin (minimum of 2 rotations)

3. Any Forward Spiral
4. Salchow

### **PRELIMINARY TEAM EVENT**

Passed Skate Canada Preliminary Free Skating Test

- Elements
1. Lutz Jump
  2. Sit Spin (minimum of 3 rotations)
  3. Salchow - Toe Loop Jump Combination
  4. Any Forward Spiral on an edge

### **JUNIOR BRONZE TEAM EVENT**

Passed Skate Canada Junior Bronze Free Skating Test

- Elements
1. Axel Jump
  2. Flying Camel (minimum of 3 rotations)
  3. Any double jump followed by a single jump
  4. Spiral Sequence – full length of ice

### **SENIOR BRONZE TEAM EVENT**

Passed Skate Canada Senior Bronze Free Skating Test

- Elements
1. Double Toe Loop
  2. Layback Spin (at least 4 revolutions in required position)
  3. Any double jump (excluding the Double Toe Loop) followed by a Single Loop
  4. A combination of two field movements - skater's choice.

### **JUNIOR SILVER TEAM EVENT**

Passed Skate Canada Junior Silver Free Skating Test

- Elements
1. Double Flip
  2. Flying Sit Spin - minimum of 5 revolutions
  3. Jump Combination - any double jump followed by a double toe loop
  4. Straight line footwork sequence - full length of ice

### **OPEN TEAM EVENT**

Passed Skate Canada Senior Silver Free Skating Test

- Elements
1. Double Lutz
  2. Layback Spin - minimum of 6 revolutions
  3. Double-Double Combination
  4. A combination of three field moves - fully utilizing ice surface

## **CANSKATE**

- All skaters must be registered in the CanSkate OR CanPower Program.
- CanSkate events will run as an element event
- Any additional skills will be penalized excluding spirals, connecting steps, footwork, and jumps of ½ rotation or less (Power Jumps, etc) unless specified for the event.

### **CANSKATE BEGINNER**

BADGE LEVEL: Must not have passed any CanSkate badge.

SPECIFICATIONS FOR EVENT:

- ½ sit glide – forward or backwards
- Backward skating
- ½ or ¼ Two foot turn on the spot
- Two foot jump on the spot
- Forward skating

## **CANSKATE 1**

BADGE LEVEL: Must have passed Stage 1 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward skating
- Forward glide (2 feet to 1 foot)
- Forward two foot sculling
- Two foot jump while gliding forward
- Two foot spin

## **CANSKATE 2**

BADGE LEVEL: Must have passed Stage 2 but no higher.

SPECIFICATIONS FOR EVENT:

- Two foot turn forward to backward
- Backward skating
- Two foot spin
- Forward spiral
- Two foot jump while gliding backward

## **CANSKATE 3**

BADGE LEVEL: Must have passed Stage 3 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward two foot sculling
- Two foot side stop
- Forward spiral
- Forward outside edge entry 3 turn
- Backwards glide on a curve (two foot to one foot)

## **CANSKATE 4**

BADGE LEVEL: Must have passed Stage 4 but no higher.

SPECIFICATIONS FOR EVENT:

- Backwards circle thrust (NOT SCULLING – FREE FOOT MUST COME OFF ICE)
- One foot spin
- One foot jump forward to backward (THREE JUMP)
- Backward spiral
- Forward outside edge development (step/step/step and hold on alternating edge)

## **CANSKATE 5**

BADGE LEVEL: Must have passed Stage 5 but no higher.

SPECIFICATIONS FOR EVENT:

- Forward one foot spin with forward outside edge
- Backwards crosscuts
- Waltz jump
- Backward outside development (step/ step/ step and hold on alternating curves)
- Forward Inside edge entry 3 turn

## **CANSKATE 6**

BADGE LEVEL: Must have passed Stage 6 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward outside edges (MINIMUM 2 EDGES ON EACH FOOT)
- Waltz jump with backward crosscuts entry
- Forward chasses
- Forward one foot spin with backward crosscut entry.
- Toe Loop or Salchow



## SKATE CANADA NORTHERN ONTARIO

Waivers

Appendix 1

\_\_\_\_\_  
Skater's Name

\_\_\_\_\_  
Partner's Name (if applicable)

### **PUBLICITY WAIVER**

The competitor hereby acknowledges and consents to the fact that **Thunder Bay Open 2010** may be televised either in whole or in part for showing on a network basis. The competitor hereby consents to the use of his or her name, biography and likeness on or in connection with any television, radio program, motion picture, print media or the advertising and publicizing of such program as my be designated by Skate Canada Northern Ontario and waives all rights to remuneration or otherwise in connection with the above.

The foregoing is subject to assurance that the eligible status of the competitor will be fully protected by Skate Canada Northern Ontario.

### **LIABILITY WAIVER**

It is understood and agreed that Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee shall not be liable for injury or loss occasioned by the Athlete while travelling to or from or during **Thunder Bay Open 2010** nor shall Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee be responsible for any damages or losses caused by the Athlete during the same time. The Athlete and/or Athlete's parent(s)/legal guardian agrees to indemnify Skate Canada, Skate Canada Northern Ontario and the Local Organizing Committee and hold it harmless from any claims or demands in respect of such loss or damage.

DATE \_\_\_\_\_

\_\_\_\_\_  
Competitor's Signature

\_\_\_\_\_  
Signature of Parent/Guardian if Competitor is under 18 Years of Age



# THUNDER COUNTRY REGION REGISTRATION FORM

(A copy of Skater's Birth Certificate and Test Proof must accompany entries)

SELECT COMPETITION WITH "X" -     SKATE THUNDER BAY     TCR INTERCLUB     THUNDER BAY OPEN

NAME: \_\_\_\_\_ SKATE CANADA #: \_\_\_\_\_ M \_\_\_ F \_\_\_

ADDRESS: \_\_\_\_\_  

Street or Box No.
City/Town
Province
Postal Code

PHONE #: (\_\_\_\_) \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

DATE OF BIRTH (M/D/Y): \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE AT TIME OF COMPETITION REGISTRATION: \_\_\_\_\_

HOME CLUB: \_\_\_\_\_ HOME CLUB NO.: \_\_\_\_\_

CLUB CONTACT: \_\_\_\_\_

	<i>Name</i>	<i>Phone</i>	<i>Email</i>
<b>FREE SKATE</b>	<b>ELEMENTS</b>	<b>SPINS</b>	<b>JUMPS</b>
<input type="checkbox"/> PRE-INTRODUCTORY	<input type="checkbox"/> PRE-INTRODUCTORY	<input type="checkbox"/> PRE-INTRODUCTORY	<input type="checkbox"/> PRE-PRELIMINARY
<input type="checkbox"/> INTRODUCTORY	<input type="checkbox"/> INTRODUCTORY	<input type="checkbox"/> INTRODUCTORY	<input type="checkbox"/> PRELIMINARY
<input type="checkbox"/> PRE-PRELIMINARY	<input type="checkbox"/> PRE-PRELIMINARY	<input type="checkbox"/> PRE-PRELIMINARY	<input type="checkbox"/> JUNIOR BRONZE
<input type="checkbox"/> PRELIMINARY	<input type="checkbox"/> PRELIMINARY	<input type="checkbox"/> PRELIMINARY	<input type="checkbox"/> SENIOR BRONZE
<input type="checkbox"/> JUNIOR BRONZE	<input type="checkbox"/> JUNIOR BRONZE	<input type="checkbox"/> JUNIOR BRONZE	<input type="checkbox"/> JUNIOR SILVER
<input type="checkbox"/> SENIOR BRONZE	<input type="checkbox"/> SENIOR BRONZE	<input type="checkbox"/> SENIOR BRONZE	<input type="checkbox"/> OPEN
<input type="checkbox"/> JUNIOR SILVER	<input type="checkbox"/> JUNIOR SILVER	<input type="checkbox"/> JUNIOR SILVER	
<input type="checkbox"/> SENIOR SILVER	<input type="checkbox"/> SENIOR SILVER	<input type="checkbox"/> OPEN	
<input type="checkbox"/> GOLD	<input type="checkbox"/> GOLD		
<input type="checkbox"/> COMPETITIVE _____ <i>(Juv. PN. Nov. OR JR.)</i>			

<b>INTERPRETIVE</b>	<b>SHOW</b>	<b>TEAM (N/A SKATE TB)</b>	<b>CANSKATE (N/A SKATE TB)</b>
<input type="checkbox"/> PRE-INTRODUCTORY	<input type="checkbox"/> JUNIOR	<input type="checkbox"/> PRE-PRELIMINARY	<input type="checkbox"/> BEGINNER
<input type="checkbox"/> INTRODUCTORY	<input type="checkbox"/> INTERMEDIATE	<input type="checkbox"/> PRELIMINARY	<input type="checkbox"/> STAGE ONE
<input type="checkbox"/> BRONZE	<input type="checkbox"/> SENIOR	<input type="checkbox"/> JUNIOR BRONZE	<input type="checkbox"/> STAGE TWO
<input type="checkbox"/> SILVER		<input type="checkbox"/> SENIOR BRONZE	<input type="checkbox"/> STAGE THREE
<input type="checkbox"/> GOLD		<input type="checkbox"/> OPEN	<input type="checkbox"/> STAGE FOUR
			<input type="checkbox"/> STAGE FIVE
			<input type="checkbox"/> STAGE SIX
			<input type="checkbox"/> STAGE SEVEN

**TITLE OF INTERPRETIVE**  
 \_\_\_\_\_

<b>SKATING SKILLS (ONLY SKATE TB)</b>		<b>TRIATHLON (N/A SKATE TB)</b>	<b>COMPETITIVE SHORT PROGRAM</b>
<input type="checkbox"/> PRE-PRELIMINARY	<input type="checkbox"/> JUNIOR SILVER	<input type="checkbox"/> BRONZE	<input type="checkbox"/> PRE-NOVICE
<input type="checkbox"/> PRELIMINARY	<input type="checkbox"/> SENIOR SILVER	<input type="checkbox"/> SILVER	<input type="checkbox"/> NOVICE
<input type="checkbox"/> JUNIOR BRONZE	<input type="checkbox"/> GOLD	<input type="checkbox"/> GOLD	<input type="checkbox"/> JUNIOR
<input type="checkbox"/> SENIOR BRONZE			

COACH: \_\_\_\_\_  

Name
Phone
Email

**I VERIFY THAT I REVIEWED ALL EVENT INFORMATION AND IT IS CORRECT**

**SIGNATURE OF COACH:** \_\_\_\_\_

**HIGHEST TEST/LEVELS: (*put N/A if not applicable*)**

**FREE SKATE:** \_\_\_\_\_ **COMPETITIVE:** \_\_\_\_\_ **CANSKATE STAGE:** \_\_\_\_\_

**INTERPRETIVE:** \_\_\_\_\_ **SKILLS:** \_\_\_\_\_ **DANCE:** \_\_\_\_\_

**SIGNATURE OF CLUB TEST CHAIRPERSON:** \_\_\_\_\_ **PHONE #:** \_\_\_\_\_

**I understand that the Host Club of the competition will assume no responsibility in the case of loss, theft, or personal injury suffered by myself/my child while participating in this competition.**

\_\_\_\_\_  
*Skater's Signature*

\_\_\_\_\_  
*Parent's/Guardian's Signature*

**\* PLEASE MAKE CHEQUES PAYABLE TO YOUR CLUB. CLUBS SUBMIT ONE (1) CHEQUE FOR ALL ENTRIES TO COMPETITION. \***