



Island Skate 2010



**COMPETITION
ANNOUNCEMENT**

The Little Current/Howland Skating Club is pleased to announce

Island Skate 2010

TO BE HELD AT
LITTLE CURRENT – HOWLAND RECREATION CENTRE
9001 HIGHWAY 6 SOUTH
LITTLE CURRENT, ONTARIO
MARCH 26, 27, and 28, 2010
Sanctioned by: Skate Canada

The Little Current/Howland Skating Club is pleased to host the twenty fourth annual "Island Skate". This competition is open to any amateur figure skater in good standing with Skate Canada. This competition will be held in accordance with the Skate Canada rules unless otherwise specified. Attached are the events and eligibility rules for each event.

ENTRY FEES:

Canskate	One Event \$30.00	Two Events \$40.00			
Introductory and Higher	One Event \$50.00	Two Events \$70.00	Three Events \$90.00	Four Events \$110.00	Five Events \$130.00
Team Events	Elements \$40.00	Synchro \$65.00			

Test Requirements: Test and age requirements are as of Jan. 1, 2010.

We require one club registration package, with a **club cheque payable to: ISLAND SKATE**

Please note that there are three different registration sheets, one for individual skaters one for the team event, and one for the Festival Lines.

Deadlines for Entries: All entries must be postmarked **no later than February 12, 2010.**

Please mail entries to:
Island Skate
Little Current Skating Club
P.O. Box 475,
Little Current ON,
POP 1K0

For registration or general information contact:

Ichsc@hotmail.com or Abbie at 368-3007

GENERAL INFORMATION

Music:

Two labeled CDs or cassette tapes or one CD and one cassette must be registered at the Music Registration Desk at least one hour prior to the event and may be picked up following the posting of each event's results. Please note that CD's may not be in MP3 format.

Ice Surface:

The Recreation Centre has an ice surface measuring 185 X 85 feet.

Marking System:

The OBO method of scoring will be used using the Ice Calc program. Judges and Officials shall be selected from the Skate Canada judges and officials list, except in those events where non-certified judges may be used. Age will be a criteria used when determining flights. Flight will be kept to a maximum of 8 skaters when possible.

Awards:

Medals will be presented for first, second and third in each flight. Ribbons for fourth, fifth and sixth, will be attached to the result sheets available at the sales booth in the lower lobby.

Results sheets provided for each skater.

Snack Bar:

There is an excellent snack bar in the lower lobby of the rec. centre, with coffee guaranteed to be ready and waiting in the morning. There will also be a food booth upstairs in the auditorium.

Admissions:

Competitors, Coaches and Officials will receive accreditation at the registration desk. General Admission will be \$4.00 per adult, children under 12 free if accompanied by an adult. Skate Canada Rule 7000B, 1.11 shall apply.

Scheduling of Events: Coaches please note and tell parents.

The Committee makes every effort to have skaters compete in all their events on the same day. Normally this means **Canskate and Introductory on Sunday and Pre-preliminary and higher on Saturday**. Interpretive events may be scheduled on **Friday**. Please remind skaters to arrive and be ready to skate at least one hour prior to their scheduled event.

EVENT MARKING CRITERIA, TIE BREAKING AND FACTORS

The following table is the marking criteria for our section competitions. We recommend adding this table to your announcement, so it is clear to skaters, coaches and parents how the factors will be done for the competitions.

EVENT	MARKING CRITERIA	FACTOR	%	TIE BREAKER
Free Skate	Technical Merit, Presentation	1.0	100	2 nd mark
Pairs	Technical Merit, Presentation	1.0	100	2 nd mark
Dance				
Compulsory 1	Technique, Timing/Expression	0.5	50	1 st mark
Compulsory 2	Technique, Timing/Expression	0.5	50	1 st mark
Interpretive	Skating, Performance	1.0	100	2 nd mark
Skating Skills				
Exercise 1	Technique, Pacing/Performance	0.5	50	1 st mark
Exercise 2	Technique, Pacing/Performance	0.5	50	1 st mark
Triathlon events				
Free Skate	Technical Merit, Presentation	1.0	33.3	2 nd mark
Skating Skills	Technique, Pacing/Performance	1.0	33.3	1 st mark
Interpretive	Skating, Performance	1.0	33.3	2 nd mark
Biathlon Events				
Compulsory Dances				
Compulsory 1	Technique, Timing/Expression	0.5	25	1 st mark
Compulsory 2	Technique, Timing/Expression	0.5	25	1 st mark
Creative Dance	Composition Presentation	1.0	50	2 nd mark

CANSKATE EVENTS

- ⇒ All skaters must be registered in the CanSkate OR CanPower Program.
- ⇒ CanSkate events will be run as a circuit
- ⇒ Programs **must** contain specific elements as listed below.
- ⇒ Any additional skills will be penalized by a deduction of .2 from the technical mark, **including** spirals, connecting steps, footwork, and jumps of ½ rotation or less (Power Jumps, etc) unless specified for the event.

NOTE TO COACHES: Please attempt to put these elements into the 1/2 ice program in the order they appear. Thank you.

CANSKATE BEGINNER

BADGE LEVEL: Must not have passed any CanSkate badge.

SPECIFICATIONS FOR EVENT:

- ½ sit glide – forward or backwards
- Backward skating
- ½ or ¼ Two foot turn on the spot
- Two foot jump on the spot
- Forward skating

CANSKATE 1

BADGE LEVEL: Must have passed Stage 1 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward skating
- Forward glide (2 feet to 1 foot)
- Forward two foot sculling
- Two foot jump while gliding forward
- Two foot spin

CANSKATE 2

BADGE LEVEL: Must have passed Stage 2 but no higher.

SPECIFICATIONS FOR EVENT:

- Two foot turn forward to backward
- Backward skating
- Two foot spin
- Forward spiral
- Two foot jump while gliding backward

CANSKATE 3

BADGE LEVEL: Must have passed Stage 3 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward two foot sculling
- Two foot side stop
- Forward spiral
- Forward outside edge entry 3 turn
- Backwards glide on a curve (two foot to one foot)

CANSKATE 4

BADGE LEVEL: Must have passed Stage 4 but no higher.

SPECIFICATIONS FOR EVENT:

- Backwards circle thrust (NOT SCULLING – FREE FOOT MUST COME OFF ICE)
- One foot spin
- One foot jump forward to backward (THREE JUMP)
- Backward spiral
- Forward outside edge development (step/step/step and hold on alternating edge)

CANSKATE 5

BADGE LEVEL: Must have passed Stage 5 but no higher.

SPECIFICATIONS FOR EVENT:

- Forward one foot spin with forward outside edge
- Backwards crosscuts
- Waltz jump
- Backward outside development (step/ step/ step and hold on alternating curves)
- Forward Inside edge entry 3 turn

CANSKATE 6

BADGE LEVEL: Must have passed Stage 6 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward outside edges (MINIMUM 2 EDGES ON EACH FOOT)
- Waltz jump with backward crosscuts entry
- Forward chasses
- Forward one foot spin with backward crosscut entry.
- Toe Loop or Salchow

FREE SKATE EVENTS (STARSkate)

- All skaters must be registered in the STARSkate Program. Skaters who have completed the CanSkate program during the season are eligible for these events.
- Skaters may skate up one category.
- All categories may be divided by age
- All categories have the program time listed that will be used for the 2010 qualifying event for Trillium STARSkate (Festival of STARS). Competition organizers may change the program times by 30 seconds to allow skaters to skate up a category.

All programs MUST be based on the Well Balanced Program. The Free Skates have been revised as per Skate Canada 2009/2010 STARSkate Well Balanced Program Requirements. The WPB will be strictly enforced, and deductions will be given for any elements that are not specified.

NOTE: As per the competitive stream, for all recreational levels - a spin of any nature - the skater cannot repeat a spin that has already been performed.

PRE-INTRODUCTORY -

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada tests.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - May include a waltz jump, salchow, toe loop, and loop – **no higher jumps allowed**
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences (using the above specified jumps only)
 - Maximum 3 different jumps repeated and no jump included more than 3 times. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins or combination spins permitted
 - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence OR series of 2 field moves (but not both)

INTRODUCTORY FREE SKATE

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - No jump higher than 1 flip – **no higher jumps allowed**
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences (no jumps higher than a flip allowed)
 - Maximum 2 different jumps repeated and no jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins permitted
 - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence

NOTE: Please check Skate Canada website for updates to well balanced program requirements from Pre-Preliminary to Gold

PRE-PRELIMINARY FREE SKATE

TEST REQUIREMENTS: **May have passed a Skate Canada test, but must not have passed the complete Preliminary Free Skate Test.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - No jump higher than 1Lutz
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins permitted
 - 1 spin must be in one position, not in combination, no change of foot
 - Maximum 1 may be a combination spin, no change of foot
3. Maximum 1 step sequence or spiral sequence.

PRELIMINARY FREE SKATE

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete free skate test.

SPECIFICATIONS FOR EVENT: One free program of 2.0 minutes in length (+/- 10 seconds)

1. Maximum 6 jump elements
 - All single jumps permitted and maximum one double jump which may be a Double Salchow or Double Toe Loop
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 2 spins of any nature
 - Maximum 1 spin may be a flying spin
 - One spin of any nature.
3. Maximum 1 step sequence or spiral sequence.

JUNIOR BRONZE FREE SKATE

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete free skate test.

All elements will be called no higher than Level 1.

SPECIFICATIONS FOR EVENT: One free program of 2.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All single jumps permitted and maximum two double jumps that may be up to and including double loop.
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 3 spins
 - 1 Spin must be a flying spin
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

SENIOR BRONZE FREE SKATE

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete free skate test.

All elements will be called no higher than Level 1.

One free program of 3.0 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.0 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All single and double jumps permitted except double Axel
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 3 combinations or sequences. Jump combinations may include no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
 - 1 Spin must be a flying spin in one position with no change of foot.
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

JUNIOR SILVER FREE SKATE

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete free skate test.

One free program of 3.5 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All jumps permitted
 - Must include at least 1 Axel type jump (waltz or Axel type)
 - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
 - 1 spin must be a flying spin one position with no change of foot.
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

SENIOR SILVER FREE SKATE

TEST REQUIREMENTS: May have passed the Senior Silver Free Skate test but no higher complete free skate test.

One free program of 3.5 minutes in length (+/- 10 seconds) – Women

One free program of 4.0 minutes in length (+/- 10 seconds) - Men

SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All jumps permitted
 - Must include at least 1 Axel type jump (waltz or Axel type)
 - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
 - 1 spin must be a flying spin one position no change of foot.
 - 1 spin must be a combination (change of foot mandatory).
 - 1 spin of any nature

NOTE: A fourth spin of any nature may be included. In CPC, the first three spins to fulfill the requirements as outlined above will be counted; the first that is outside of these requirements will not be counted and will not receive any value. The fourth spin will not be subject to a deduction in 6.0.

3. Women:

- Maximum 1 step sequence or spiral sequence.

Men:

- Maximum 1 step sequence (straight line, circular or serpentine).

NOTE: the first allowed step or spiral sequence will be counted. Additional step of spiral sequences will be considered as transitions in CPC and will not be subject to deduction in 6.0.

INTERPRETIVE EVENTS

PRE- INTRODUCTORY INTERPRETIVE

TEST REQUIREMENTS:

Must not have passed any Skate Canada Interpretive Skating test.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

INTRODUCTORY INTERPRETIVE

TEST REQUIREMENTS:

Must have passed the Introductory Interpretive test but no higher.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

BRONZE INTERPRETIVE

TEST REQUIREMENTS:

Must have passed the Bronze Interpretive test but no higher.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

SILVER INTERPRETIVE

TEST REQUIREMENTS:

Must have passed the Silver Interpretive test but no higher.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

GOLD INTERPRETIVE

TEST REQUIREMENTS:

Must have passed the Gold Interpretive test

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

SPIN EVENTS

- Spins WILL BE SKATED IN ISOLATION.
- Background music only
- Spins should be conducted using ½ of the ice surface.

PRE-INTRODUCTORY SPINS

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada Tests**

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

INTRODUCTORY SPINS

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test,**

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

PRE-PRELIMINARY SPINS

TEST REQUIREMENTS: May not have passed the complete Preliminary Free Skate Test.

SPECIFICATIONS FOR EVENT:

- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Sit Spin, minimum 2 rotations

PRELIMINARY SPINS

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Back Corkscrew Spin, minimum 3 rotations
- Flying Spin, minimum 3 rotations
- Combination Spin – minimum of 2 positions, optional change of foot, minimum 4 rotations in total

JUNIOR BRONZE SPINS

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Flying Camel Spin, minimum 3 rotations
- Layback or Sideways Lean Spin (Ladies) **OR** Camel Sit Spin (Men), minimum 3 rotations
- Combination Spin – minimum of 2 positions, 1 change of foot, minimum 3 rotations on each foot and minimum 2 rotations in each position

SENIOR BRONZE SPINS

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Layback or Sideways Lean Spin (Ladies) **OR** Crossfoot Spin (Men), minimum 4 rotations
- Sit Change Sit Spin, minimum 4 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and minimum 2 rotations in each position

JUNIOR SILVER SPINS

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Camel Change Camel Spin, minimum 5 rotations
- Flying Camel/Back Sit Spin, minimum 5 rotations and minimum 2 rotations in each position
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 5 rotations on each foot and minimum 2 rotations in each position

SENIOR SILVER SPINS

TEST REQUIREMENTS: May have passed the Senior Silver Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Layback or Sideways Lean Spin (Ladies) **OR** Upright Variation Spin (Men), minimum 5 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 5 rotations on each foot and minimum 2 rotations in each position
- Flying Sit Spin with optional foot of landing, minimum 5 rotations

ELEMENTS EVENTS

- Elements *will* be skated in isolation (**per LTAD philosophy**)
- Spins and combination spins must be held for the specified revolutions.
- There must be no turn or change of foot between jumps in combination
- An axel is a single jump
- Field movements (for example Spirals, Ina Bauers, Pivots) will be penalized unless specified
- Elements will be conducted using ½ of the ice surface except for senior bronze and up at the discretion of the tech rep.
- If not successfully skated the first try, each element may be retried once, by signaling the referee with a raised hand

PRE-INTRODUCTORY ELEMENTS

TEST: **Must NOT have passed ANY Skate Canada Tests**

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Toe Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

INTRODUCTORY ELEMENTS

TEST: **May not have passed any part of a preliminary free skate test,**

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

PRE-PRELIMINARY ELEMENTS

TEST: Must not have passed the complete Preliminary Free Skate Test.

SPECIFICATIONS FOR EVENT:

1. Loop Jump
2. Flip Jump
3. Toe Loop/Toe Loop Jump Combination
4. Spin in one position (change of foot optional), minimum 2 rotations
5. Forward Spiral, edge optional

PRELIMINARY ELEMENTS

TEST: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

1. Flip Jump
2. Lutz Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Camel/Sit Spin, no change of foot, minimum 3 rotations in each position
5. Backward Spiral, edge optional

JUNIOR BRONZE ELEMENTS

TEST: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

1. Axel Jump
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Flying Camel Spin, minimum 3 rotations
5. Series of Field Movements that cover at least ½ the ice surface

SENIOR BRONZE ELEMENTS

TEST: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

1. Axel Jump
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and 2 rotations in each position
5. Straight Line Step Sequence (full ice surface may be used)

JUNIOR SILVER ELEMENTS

TEST: May have passed the Junior Silver Free Skate test but no higher complete free skate test

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 5 rotations on each foot and 2 rotations in each position
5. Sequence of 3 field movements of your choice (full ice surface may be used)

SENIOR SILVER ELEMENTS

TEST: May have passed the Senior Silver Free Skate test but no higher complete Free Skate test

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel
2. Double Flip
3. Jump Combination with 2 double jumps
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 5 rotations on each foot and 2 rotations in each position
5. Straight Line Step Sequence (full ice surface may be used)

SOLO DANCE EVENTS (STARSkate)

Description: Individual skaters perform the prescribed dance.

Music will be Skate Canada Series 8.

The number of dance patterns to be skated shall be the same as for Evaluated Tests. Please refer to the Skate Canada Technical Handbook Figure Skating Terms Defined – 3.15 (2). Dances listed are per SC 2009-2010 Compulsory Dance Draw.

PRE-PRELIMINARY DANCE

TEST: Must not have passed the complete Preliminary Dance test.

SPECIFICATIONS FOR EVENT:

- Dutch Waltz

PRELIMINARY DANCE

TEST: Must have passed the complete Preliminary Dance test and not the complete Junior Bronze Dance test.

SPECIFICATIONS FOR EVENT:

- Baby Blues

JUNIOR BRONZE DANCE

TEST: Must have passed the complete Junior Bronze Dance test and not the complete Senior Bronze Dance test.

SPECIFICATIONS FOR EVENT:

- Fiesta Tango

SENIOR BRONZE DANCE

TEST: Must have passed the complete Senior Bronze Dance test and not the complete Junior Silver Dance test.

SPECIFICATIONS FOR EVENT:

- Fourteenstep

JUNIOR SILVER DANCE

TEST: Must have passed the complete Junior Silver Dance test and not the complete Senior Silver Dance test.

SPECIFICATIONS FOR EVENT:

- Harris Tango

SENIOR SILVER DANCE

TEST: Must have passed the complete Senior Silver Dance test and not the complete Gold Dance test.

SPECIFICATIONS FOR EVENT:

- Paso Doble

TEAM ELEMENTS EVENTS

Eligibility is by test level and is the same as listed for Free Skating Events. Each team will consist of four (4) skaters. Teams may consist of four female skaters, four male skaters, or any combination thereof. All four skaters on a team must have passed no higher than the free style test listed for that level of competition, but may have a lower test. Teams may have members from different home clubs. Substitution(s) of a team member(s) may be made after the closing date of entries for medical reasons only. A skater may participate in only one team event at each level.

Each team member will execute one of four elements listed for their event. Each element will be given a mark and all four marks will be totaled giving the final score in order to give the team their final (ordinal) placement.

The Compulsory Team Events will not be skated to music. Elements are performed in isolation.

One reskate permitted per element, signal referee.

Event	Test Prerequisite	Specifications
Canskate	Must be registered in Canskate program.	<ol style="list-style-type: none"> 1. Two foot spin 2. Waltz Jump 3. Forward drag 4. Bunny Hop
Introductory	Must not have passed any complete Skate Canada Test.	<ol style="list-style-type: none"> 1. Waltz Jump 2. One Foot Spin (minimum of 2 rotations) 3. Any Forward Spiral 4. Salchow
Pre-Preliminary	Must not have passed a complete Skate Canada Free Skating Test	<ol style="list-style-type: none"> 1. Salchow 2. One Foot Spin (minimum of 2 rotations) 3. Any Forward Spiral 4. Toe Loop
Preliminary	Passed Skate Canada Preliminary Free Skating Test but no higher complete test.	<ol style="list-style-type: none"> 1. Lutz Jump 2. Sit Spin (minimum of 3 rotations) 3. Salchow - Toe Loop Jump Combination 4. Forward Spiral (either edge)

Junior Bronze	Passed Skate Canada Junior Bronze Free Skating Test but no higher complete test.	<ol style="list-style-type: none"> 1. Axel Jump 2. Flying Camel (minimum of 3 rotations) 3. Lutz /Loop Combination Jump 4. Backward outside spiral
Senior Bronze	Passed Skate Canada Senior Bronze Free Skating Test but no higher complete test.	<ol style="list-style-type: none"> 1. Double Toe Loop 2. Layback Spin (at least 4 revolutions in required position) 3. Any double jump (excluding the Double Toe Loop) followed by a Single Loop 4. A combination of two field movements - skater's choice.
Junior Silver	Passed Skate Canada Junior Silver Free Skating Test or the Pre Novice Competitive Test	<ol style="list-style-type: none"> 1. Double Flip 2. Flying Sit Spin - minimum of 5 revolutions 3. Jump Combination - any double jump followed by a double toe loop 4. Straight line footwork sequence - full length of ice

CARNIVAL LINE EVENTS

These events are meant to be fun. No organized festival synchronized skating teams may enter. A team may draw **NO MORE THAN 50%** of it's skaters from a registered synchro team, if those skaters skate singles as well as synchro in the club. Skaters do not have to be from the same home club. Clubs may enter more than one team per event.

NOTE: Music may contain vocals in all events.

CARNIVAL LINE "A"

- Must **NOT** have passed an Skate Canada Test, freeskate, SKILLS or dance
- 2.5 – 3.0 minutes
- No age limit
- No limit on number of skaters

CARNIVAL LINE "B"

- Skaters may **not** have passed the complete Preliminary Free Skate Test or Preliminary Skills test but **MAY HAVE** passed some/all Preliminary dances
- 3.0 minutes
- No age limit
- No limit on number of skaters

CARNIVAL LINE "C"

- 3.5 minutes
- No age limit
- No limit on number of skaters
- Skaters may **NOT** have passed the complete Jr. Bronze Free Skate test or any higher part freeskate test (25% of team **MAY HAVE PASSED** the complete Jr. Bronze Free Skate test)

CARNIVAL LINE "D"

- 3.5 minutes
- No age limit
- No limit on number of skaters
- No test restrictions

Island Skate 2010
March 26, 27 and 28, 2010
Individual Registration Form

Competitor's Name:	SC#
Email Address:	Date of Birth:
Mailing Address:	Phone #:
Highest complete Canskate Level passed (as of Jan. 1 2010):	
Highest complete Freeskate passed (as of Jan. 1 2010):	
Title of Interpretive:	

Home Club:	Club #:
Club Email:	Phone #:
Signature of Club Official:	
Please note that it is the responsibility of the club official to verify that all test information is accurate. False declarations may result in the competitor's disqualification.	

Coach:	Phone #:
Email:	Skater confirmations will be sent to coaches by email only!
Coach's Signature:	CC#:

Event #1	
Event #2	
Event #3	
Event #4	
Event #5	

Canskate Beginner to Canskate 6	One Event	\$30.00	
Canskate Beginner to Canskate 6	Two Events	\$40.00	
Introductory & Higher	One Event	\$50.00	
Introductory & Higher	Two Events	\$70.00	
Introductory & Higher	Three Events	\$90.00	
Introductory & Higher	Four Events	\$110.00	
Introductory & Higher	Five Events	\$130.00	
Total Amount Enclosed			

Team and Carnival Line registration on following pages.

Send club registrations, club summary and club cheque together by Feb. 12, 2010 to:

Island Skate, Little Current Skating Club, P.O. Box 475, Little Current ON, P0P 1K0

Competitor Signature: _____ **Parent/Guardian Signature:** _____

Island Skate 2010
March 26, 27 and 28, 2010
Team Registration Form

Home Club:	Club #:
Club Email:	Phone #:
Signature of Club Official:	
Please note that it is the responsibility of the club official to verify that all test information is accurate. False declarations may result in the competitor's disqualification.	

Coach:	Phone #:
Email: Skater confirmations will be sent to coaches by email only!	
Coach's Signature:	CC#:

Event	
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Competitor Names	Date of Birth (yyyy/mm/dd)	Home Club	Highest Test or Stage Passed

Payment Information

Team Events are \$40.00 per team.

Send club registrations, club summary and club cheque together by Feb. 12, 2010 to:

Island Skate, Little Current Skating Club, P.O. Box 475, Little Current ON, P0P 1K0



SKATE CANADA NORTHERN ONTARIO

Waivers

Appendix 1

Skater's Name

Partner's Name (if applicable)

PUBLICITY WAIVER

The competitor hereby acknowledges and consents to the fact that **Island Skate** may be televised either in whole or in part for showing on a network basis. The competitor hereby consents to the use of his or her name, biography and likeness on or in connection with any television, radio program, motion picture, print media or the advertising and publicizing of such program as may be designated by Skate Canada Northern Ontario and waives all rights to remuneration or otherwise in connection with the above.

The foregoing is subject to assurance that the eligible status of the competitor will be fully protected by Skate Canada Northern Ontario.

LIABILITY WAIVER

It is understood and agreed that Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee shall not be liable for injury or loss occasioned by the Athlete while travelling to or from or during **Island Skate** nor shall Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee be responsible for any damages or losses caused by the Athlete during the same time. The Athlete and/or Athlete's parent(s)/legal guardian agrees to indemnify Skate Canada, Skate Canada Northern Ontario and the Local Organizing Committee and hold it harmless from any claims or demands in respect of such loss or damage.

DATE _____

Competitor's Signature

Signature of Parent/Guardian if Competitor is under 18 Years of Age