

Friday, Jan. 15, 2010 **TENTATIVE**

**PLEASE ARRIVE AT THE RINK 1 HOUR BEFORE YOUR SCHEDULED TIME.
IF YOUR EVENT IS FIRST OF THE DAY, ½ HOUR IS O.K.**

We may run early, and will continue with the schedule without skaters who are not on time

HALF ICE EVENTS (2 min. warm-up each group)

	<u>LOBBY END</u>	<u>FAR END</u>
3:00-3:20	Junior Bronze Elements (9)	Senior Bronze Elements (3)
3:20-3:40	Junior Silver Elements (4)	Junior Bronze Spins (9)
3:40-4:00	Senior Bronze Spins (3)	Junior Silver Spins (5)
4:00-4:15	FLOOD	
4:00-4:20	Junior Bronze Ladies Free - Group 1 (5)	5 MIN. WmUp
4:20-4:40	Junior Bronze Ladies Free – Group 2 (5)	
4:40-5:00	Junior Bronze Ladies Free – Group 3 (5)	
	Junior Bronze Free Men (1)	
5:00-5:15	Sr. Bronze Ladies	
5:15- 5:45	Junior Silver Ladies Free (6)	
5:45- 6:05	Gold Ladies (4)	
6:05-6:20	FLOOD-Medal presentations for completed Above events	
6:20-7:00	OPENING CEREMONIES	
7:00-7:25	Carnival Line “A” Group 1 (3 teams)	2 min. warm up ea. group.
7:25-7:50	Carnival Line “A” Group 2 (4 teams)	
7:50-8:05	Carnival Line “B” (2 teams)	
8:05-8:20	Carnival Line “C” (3 teams)	
8:20-8:40	Carnival Line “D” (2 teams)	

Saturday, Jan. 16, 2010 **TENTATIVE**

PLEASE ARRIVE AT THE RINK 1 HOUR BEFORE YOUR SCHEDULED TIME.

IF YOUR EVENT IS FIRST OF THE DAY, 1/2 HOUR IS O.K.

We may run early, and will continue with the schedule without skaters who DON'T ARRIVE on time

HALF ICE EVENTS

	<u>LOBBY END</u>	2 min. w-up ea. Group	<u>FAR END</u>
9:15-9:30	Prelim Ladies elements Group 1 (6)		PrePrelim elements Group 1 (6)
9:30-9:45	Prelim Ladies elements Group 2 (6)		PrePrelim elements Group 2 (6)
9:45-10:00	Prelim Ladies elements Group 3 (6)		PrePrelim elements Group 3 (7)
10:00-10:15	Prelim Ladies elements Group 4 (6)		PrePrelim elements Group 4 (7)
10:15-10:30	Prelim Spins Group 1 (7)		PrePrelim Spins Group 1 (7)
10:30-10:45	Prelim Spins Group 2 (8)		PrePrelim Spins Group 2 (7)
10:45-11:00	Prelim Spins Group 3 (8)		PrePrelim Spins Group 3 (7)
11:00-11:15	OSO Level 3 Elements & Spins		PrePrelim Spins Group 4 (8)

11:15-11:30 Flood-Medal presentations for completed Above events

FULL ICE EVENTS

11:30-11:50	Prelim. Ladies Group 1 (5)	3 min. WARM-UP
11:50-12:10	Prelim. Ladies Group 2 (5)	
12:10-12:30	Prelim. Ladies Group 3 (6)	
12:30-12:50	Prelim. Ladies Group 4 (7)	
12:50-1:10	PrePrelim Ladies Group 1 (5)	2 min. W-UP
1:10-1:30	PrePrelim Ladies Group 2 (6)	
1:30-1:50	PrePrelim Ladies Group 3 (6)	
1:50-2:10	PrePrelim Ladies Group 4 (6)	
2:10-2:30	PrePrelim Ladies Group 5 (6)	

2:30-2:45 Flood-Medal presentations for completed Above events

2:45-3:05	Junior Bronze TEAM EVENT (3 TEAMS) 1 W-UP GROUP, 2 MIN. W-UP
3:05-3:25	Preliminary TEAM EVENT (5 TEAMS) 1 W-UP GROUP, 2 MIN. W-UP
3:25-3:45	PrePrelim TEAM EVENT GROUP 1 (4 TEAMS) 1 W-UP GROUP, 2 min. WUP
3:45-4:05	PrePrelim TEAM EVENT GROUP 2 (4 teams) 2 W-UP GROUPS OF 3/4 TEAMS, 2 min. W-UP

4:05-4:20 Flood-Medal presentations for completed Above events

4:20-4:45	Pre Intro Interpretive Group 1 (7)	3 min. W-UP
4:45-5:10	Pre Intro Interpretive Group 2 (6)	
5:10-5:35	PreIntro Interpretive Group 3 (7)	
5:35-6:00	PreIntro Interpretive Group 4 (7)	
6:00-6:25	INTRO Interpretive (7)	
6:25-6:45	Bronze Interpretive (3)	
6:45-7:10	Silver Interpretive (6)	
7:10-7:25	Gold Interpretive (2)	

Sunday, Jan. 17, 2010 **TENTATIVE**

PLEASE ARRIVE AT THE RINK 1 HOUR BEFORE YOUR SCHEDULED TIME.

IF YOUR EVENT IS FIRST OF THE DAY, ½ HOUR IS O.K.

We may run early, and will continue with the schedule without skaters who are not on time

Coaches: Please advise your Canskaters/Parents/Grandparents/Uncles/Aunts/Cousins etc. etc.

HALF ICE EVENTS 2 min. w-up ea. Group

LOBBY END

8:00-8:15 PreIntro Elements Group 1 (6)
8:15-8:30 PreIntro Elements Group 2 (6)
8:30-8:45 PreIntro Elements Group 3 (7)
8:45-9:00 PreIntro Elements Group 4 (7)
9:00-9:15 PreIntro Elements Group 5 (7)
9:15-9:30 PreIntro Elements Men (2)
9:30-9:45 PreIntro Spins Group 1 (5)
9:45-10:00 PreIntro Spins Group 2 (5)
10:00-10:15 PreIntro Spins Group 3 (5)
10:15-10:30 PreIntro Spins Group 4 (5)
10:30-10:40 PreIntro Spins Men (2)

FAR END

Introductory Elements Group 1 (6)
Introductory Elements Group 2 (6)
Introductory Elements Group 3 (6)
Introductory Elements Group 4 (6)
Introductory Elements Group 5 (7)
Introductory Spins Group 1 (6)
Introductory Spins Group 2 (6)
Introductory Spins Group 3 (6)
Introductory Spins Group 4 (7)
PreIntro Spins Group 5 (5)

10:40-10:55 FLOOD- MEDAL PRESENTATIONS FOR COMPLETED ABOVE EVENTS

FULL ICE EVENTS

10:55-11:10 PreIntro Ladies Group 1 (5) 2 MIN. WARM-UP
11:10-11:25 PreIntro Ladies Group 2 (6)
11:25-11:40 PreIntro Ladies Group 3 (6)
11:40-11:55 PreIntro Ladies Group 4 (6)
11:55-12:10 PreIntro Ladies Group 5 (6)
12:10-12:25 PreIntro Ladies Group 6 (6)
12:25-12:35 PreIntro Men (2)

12:35-12:50 FLOOD- MEDAL PRESENTATIONS FOR COMPLETED ABOVE EVENTS

12:50-1:05 Introductory Ladies Group 1 (6)
1:05-1:20 Introductory Ladies Group 2 (6)
1:20-1:35 Introductory Ladies Group 3 (6)
1:35-1:50 Introductory Ladies Group 4 (6)
1:50-2:05 Introductory Ladies Group 5 (6)

HALF ICE EVENTS

LOBBY END

2:05-2:25 Introductory Teams Group 1 (4)
2:25-2:45 Canskate Teams Group 1 (4)
2:45-3:05 Canskate Teams Group 3 (4)

FAR END

Introductory Teams Group 2 (5)
Canskate Teams Group 2 (4)

3:05-3:20 FLOOD-MEDAL PRESENTATIONS FOR COMPLETED EVENTS

3:20-3:35 Canskate Beginner Group 1 (6) Canskate Event 2 Group 1 (6)
3:35-3:50 Canskate Beginner Group 2 (6) Canskate Event 2 Group 2 (7)
3:50-4:05 Canskate Beginner Group 3 (6) Canskate Event 2 Group 3 (7)
4:05-4:20 Canskate Beginner Men (6) Canskate Event 3 Group 1 (6)
4:20-4:35 Canskate Event 1 Group 1 (6) Canskate Event 3 Group 2 (6)
4:35-4:50 Canskate Event 1 Group 2 (6) Canskate Event 3 Group 3 (6)
4:50-5:05 Canskate Event 1 Group 3 (6) Canskate Event 4 Group 1 (6)
5:05-5:20 Canskate Event 1 Group 4 (6) Canskate Event 4 Group 2 (6)
5:20-5:35 Canskate Event 5 (4) Canskate Event 6 Group 1 (4)
5:35-5:50 Canskate Event 6 Group 2 (5)