



***The Port Carling Figure Skating Club***

***Invites you to our***

***22<sup>nd</sup> Annual***

***Santa Skate  
Competition***

***Saturday Dec 5<sup>th</sup>, 2009  
Port Carling, Muskoka***

The Port Carling Figure Skating Club is pleased to invite you to participate in the 22<sup>nd</sup> annual Santa Skate Competition. This competition will be held in accordance with the General Rules and Regulations outlined for all Skate Canada Competitions, unless otherwise specified.

**QUALIFICATIONS:** Test qualifications will apply as of October 31, 2009

**ENTRY FEES:** Single Event.....\$45.00  
Second Event.....\$20.00  
Team Event.....\$40.00 per team

\*NOTE The fee for the second or third event is \$20.00 per event entered.

**New for this year ..... Please submit all completed entry forms as a club with one club cheque, made payable to PCFSC.**

For information please email Barbara Polomski at [skatemuskoka@yahoo.ca](mailto:skatemuskoka@yahoo.ca)

**The final schedule will be emailed to your club representatives as indicated on your club summary sheet.**

**MUSIC:** Cassettes and CD's accepted. Two tapes or CD's must be signed in at the registration desk at least one hour prior to event.

**ICE SURFACE:** 180'X80'

**AWARDS:** All flights are final. Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners. Ribbons will be awarded for all other placements. Medals are handed out at the community centre as per the schedule.

**MARKING SYSTEM:** The method to be used for the calculation of results will be the OBO method.

**REFRESHMENTS:** Homemade soups, chili, sandwiches, drinks and goodies are available at the Community Centre located beside the arena. We also have vendor tables located here. Interested vendors may still apply for a table.

**All programs MUST be based on the Well Balanced Program. The Free Skates have been revised as per Skate Canada 2009/2010 STARSkate Well Balanced Program Requirements. The WPB will be strictly enforced, and deductions will be given for any elements that are not specified.**

**NOTE: As per the competitive stream, for all recreational levels - a spin of any nature - the skater cannot repeat a spin that has already been performed.**

**FREE SKATE EVENTS (STARSkate)**

- All skaters must be registered in the STARSkate Program. Skaters who have completed the CanSkate program during the season are eligible for these events.
- Competitive singles test equivalencies in the STARSkate program:
  - ⇒ Juvenile Competitive Singles Test = Senior Bronze Free Skating Test
  - ⇒ Pre-Novice Competitive Singles Test = Junior Silver Free Skating Test
  - ⇒ Novice Competitive Singles Test = Senior Silver Free Skating Test
  - ⇒ Junior or Senior Competitive Singles Test = Gold Free Skating Test
- Skaters may enter either STARSkate Singles Events or Competitive Events **BUT NOT BOTH**.
- Skaters who have registered for the 2010 Sectional Competition must compete in Competitive Events for the balance of the season.
- Skaters may skate up one category. All categories may be divided by age
- All categories have the program time listed that will be used for the 2010 qualifying event for Trillium STARSkate (Festival of STARS). Competition organizers may change the program times by 30 seconds to allow skaters to skate up a category.

### **PRE-INTRODUCTORY FREE SKATE**

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada tests.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
  - May include a waltz jump, salchow, toe loop, and loop – **no higher jumps allowed**
  - Must include at least 1 waltz jump
  - Maximum 2 combinations or sequences (using the above specified jumps only)
  - Maximum 3 different jumps repeated and no jump included more than 3 times. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
  - No flying spins or combination spins permitted
  - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence OR series of 2 field moves (but not both)

### **INTRODUCTORY FREE SKATE**

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test.** SPECIFICATIONS

FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
  - No jump higher than 1 flip – **no higher jumps allowed**
  - Must include at least 1 waltz jump
  - Maximum 2 combinations or sequences (no jumps higher than a flip allowed)
  - Maximum 2 different jumps repeated and no jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
  - No flying spins permitted
  - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence
- 4.

### **PRE-PRELIMINARY FREE SKATE**

TEST REQUIREMENTS: **May have passed a Skate Canada test, but must not have passed the complete Preliminary Free Skate Test.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
  - No jump higher than 1 Lutz
  - Must include at least 1 waltz jump
  - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
  - No flying spins permitted
  - 1 spin must be in one position, not in combination, no change of foot
  - Maximum 1 may be a combination spin, no change of foot
3. Maximum 1 step sequence or spiral sequence.

## **PRELIMINARY FREE SKATE**

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete free skate test.

SPECIFICATIONS FOR EVENT: One free program of 2.0 minutes in length (+/- 10 seconds)

1. Maximum 6 jump elements
  - All single jumps permitted and maximum one double jump which may be a Double Salchow or Double Toe Loop
  - Must include at least 1 Axel type jump (waltz or single Axel)
  - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 2 spins of any nature
  - Maximum 1 spin may be a flying spin
  - One spin of any nature.
3. Maximum 1 step sequence or spiral sequence.

## **JUNIOR BRONZE FREE SKATE**

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete free skate test.

**All elements will be called no higher than Level 1.**

SPECIFICATIONS FOR EVENT: One free program of 2.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
  - All single jumps permitted and maximum two double jumps that may be up to and including double loop.
  - Must include at least 1 Axel type jump (waltz or single Axel)
  - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 3 spins
  - 1 Spin must be a flying spin
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

## **SENIOR BRONZE FREE SKATE**

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete free skate test.

**All elements will be called no higher than Level 1.**

One free program of 3.0 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.0 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
  - All single and double jumps permitted except double Axel
  - Must include at least 1 Axel type jump (waltz or single Axel)
  - Maximum 3 combinations or sequences. Jump combinations may include no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
  - 1 Spin must be a flying spin in one position with no change of foot.
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

## **JUNIOR SILVER FREE SKATE**

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete free skate test.

One free program of 3.5 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
  - All jumps permitted
  - Must include at least 1 Axel type jump (waltz or Axel type)
  - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice. Repeated jumps must be in combo or sequence.

2. Maximum of 3 spins
  - 1 spin must be a flying spin one position with no change of foot.
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.
  - 1 spin must be a combination (change of foot mandatory)
  - 1 spin of any nature

# SPIN EVENTS

- Spins WILL BE SKATED IN ISOLATION.
- Background music only
- Spins should be conducted using ½ of the ice surface.

## PRE-INTRODUCTORY SPINS

TEST REQUIREMENTS: Must NOT have passed ANY Skate Canada Tests

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

## INTRODUCTORY SPINS

TEST REQUIREMENTS: May not have passed any part of a preliminary free skate test,

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

## PRE-PRELIMINARY SPINS

TEST REQUIREMENTS: May not have passed the complete Preliminary Free Skate Test.

SPECIFICATIONS FOR EVENT:

- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Sit Spin, minimum 2 rotations

## PRELIMINARY SPINS

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Back Corkscrew Spin, minimum 3 rotations
- Flying Spin, minimum 3 rotations
- Combination Spin – minimum of 2 positions, optional change of foot, minimum 4 rotations in total

## JUNIOR BRONZE SPINS

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Flying Camel Spin, minimum 3 rotations
- Layback or Sideways Lean Spin (Ladies) **OR** Camel Sit Spin (Men), minimum 3 rotations
- Combination Spin – minimum of 2 positions, 1 change of foot, minimum 3 rotations on each foot and minimum 2 rotations in each position

## SENIOR BRONZE SPINS

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Layback or Sideways Lean Spin (Ladies) **OR** Crossfoot Spin (Men), minimum 4 rotations
- Sit Change Sit Spin, minimum 4 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and minimum 2 rotations in each position

## JUNIOR SILVER SPINS

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Camel Change Camel Spin, minimum 5 rotations
- Flying Camel/Back Sit Spin, minimum 5 rotations and minimum 2 rotations in each position
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 5 rotations on each foot and minimum 2 rotations in each position

# ELEMENTS EVENTS

- Elements will be skated in isolation (**per LTAD philosophy**)
- Elements must be skated as specified and may be performed in any order.
- Spins and combination spins must be held for the specified revolutions.
- There must be no turn or change of foot between jumps in combination
- An axel is a single jump
- Field movements (for example Spirals, Ina Bauers, Pivots) will be penalized unless specified
- Connecting steps may be used
- Added elements or the retrying of a missed element will be penalized
- The retrying of a missed element is at the discretion of each technical representative and such should be stated in the competition announcement.
- Elements should be conducted using  $\frac{1}{2}$  of the ice surface except for senior bronze and up at the discretion of the tech rep.
- If not successfully skated the first try, each element may be retried once, by signaling the referee with a raised hand
- *Elements that require skaters to be physically joined together at any time are prohibited* – these include a team spiral or shoot-the-duck. The rationale for the removal of these team element events is due to an increased concern for skater safety.

## PRE-INTRODUCTORY ELEMENTS

TEST: Must NOT have passed ANY Skate Canada Tests

NO MUSIC –  $\frac{1}{2}$  Ice Surface

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Toe Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

## INTRODUCTORY ELEMENTS

TEST: May not have passed any part of a preliminary free skate test,

NO MUSIC –  $\frac{1}{2}$  Ice Surface

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

## **PRE-PRELIMINARY ELEMENTS**

TEST: Must not have passed the complete Preliminary Free Skate Test.

NO MUSIC – ½ Ice Surface

SPECIFICATIONS FOR EVENT:

1. Loop Jump
2. Flip Jump
3. Toe Loop/Toe Loop Jump Combination
4. Spin in one position (change of foot optional), minimum 2 rotations
5. Forward Spiral, edge optional

## **PRELIMINARY ELEMENTS**

TEST: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

1. Flip Jump
2. Lutz Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Camel/Sit Spin, no change of foot, minimum 3 rotations in each position
5. Backward Spiral, edge optional

## **JUNIOR BRONZE ELEMENTS**

TEST: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

1. Axel Jump
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Flying Camel Spin, minimum 3 rotations
5. Series of Field Movements that cover at least ½ the ice surface

## **SENIOR BRONZE ELEMENTS**

TEST: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

1. Axel Jump
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and 2 rotations in each position
5. Straight Line Step Sequence (full ice surface may be used)

## **JUNIOR SILVER ELEMENTS**

TEST: May have passed the Junior Silver Free Skate test but no higher complete free skate test

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 5 rotations on each foot and 2 rotations in each position
5. Sequence of 3 field movements of your choice (full ice surface may be used)

# TEAM EVENTS

Four skaters make up a team. In the event that you cannot get four skaters from one club, you may have participants from different clubs on one team provided that each skater only compete for one team in the same event. Each skater is required to complete one of the elements listed below:

## PREINTRODUCTORY TEAM EVENT

**TEST:** Must not have passed ANY Skate Canada tests.

### **SPECIFICATIONS FOR EVENT:**

1. Waltz jump
2. One foot spin
3. Any forward spiral
4. Drag

## INTRODUCTORY TEAM EVENT

**TEST:** Must not have passed any part of a Preliminary Free Skate test, the Preliminary Dance Set, any Skills test, or any Interpretive Test.

### **SPECIFICATIONS FOR EVENT:**

1. Waltz jump
2. Salchow jump
3. Toe Loop jump
4. Forward Upright Spin, minimum 2 rotations

## PRE-PRELIMINARY TEAM EVENT

**TEST:** Must not have passed any complete Skate Canada Free Skate test.

### **SPECIFICATIONS FOR EVENT:**

1. Lutz jump
2. One foot spin (min 2 rotations)
3. Any forward spiral
4. Salchow

## PRELIMINARY TEAM EVENT

**TEST:** Must have passed Preliminary Free Skate test but not complete Jr. Bronze Skate test.

### **SPECIFICATIONS FOR EVENT:**

1. Lutz jump
2. Sit spin (min 3 rotations)
3. Salchow/toe loop combination
4. Forward spiral

## JUNIOR BRONZE TEAM EVENT

**TEST:** Must have passed Jr. Bronze Free Skate test but not complete Sr. Bronze Free Skate test.

### **SPECIFICATIONS FOR EVENT:**

1. Axel
2. Flying Camel
3. Any double jump followed by a single jump
4. Backward outside spiral

## SENIOR BRONZE TEAM EVENT

**TEST:** Must have passed Sr. Bronze Free Skate test but not complete Jr. Silver Free Skate test.

### **SPECIFICATIONS FOR EVENT:**

1. Double toe loop
2. Lay Back (min 4 rotations)
3. Any double except double toe loop followed by a single loop
4. Combo 2 field movements –skaters choice

## JUNIOR SILVER TEAM EVENT

**TEST:** Must have passed Jr. Silver Free Skate test but not complete Sr. Silver Free Skate test.

### **SPECIFICATIONS FOR EVENT:**

1. Double loop
2. Flying sit (min 5 rotations)
3. Jump combo – any double followed by a double toe-loop
4. Straight line footwork sequence –full length of the ice

# Santa Skate Saturday Dec 5<sup>th</sup> 2009 Entry Form

One form per skater please/print legibly to reduce misspelling of names on program!!!!

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Age as of Oct 31, 2009 \_\_\_\_\_

Male /Female: \_\_\_\_\_ Birthday DD \_\_\_\_\_ MM \_\_\_\_\_ YR \_\_\_\_\_

Skate Canada Number: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

Coaches email: \_\_\_\_\_

Check off all Events entered:

<u>FreeSkate</u>	<u>Elements</u>	<u>Spins</u>	<u>Team**</u>
<input type="checkbox"/> Pre-Introductory	<input type="checkbox"/> Pre-Introductory	<input type="checkbox"/> Pre-Introductory	
<input type="checkbox"/> Introductory	<input type="checkbox"/> Introductory	<input type="checkbox"/> Introductory	<input type="checkbox"/> Introductory
<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Preliminary	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Preliminary
<input type="checkbox"/> Junior Bronze	<input type="checkbox"/> Junior Bronze	<input type="checkbox"/> Junior Bronze	<input type="checkbox"/> Junior Bronze
<input type="checkbox"/> Senior Bronze	<input type="checkbox"/> Senior Bronze	<input type="checkbox"/> Senior Bronze	<input type="checkbox"/> Senior Bronze
<input type="checkbox"/> Junior Silver	<input type="checkbox"/> Junior Silver	<input type="checkbox"/> Junior Silver	<input type="checkbox"/> Junior Silver

\*\*List other 3 members of your team: \_\_\_\_\_

\_\_\_\_\_, \_\_\_\_\_

Badge/Skate Canada test passed: \_\_\_\_\_

**Certification by Club Official:** To the best of my knowledge, the above is true and correct. The skater is a member of the club and is in good standing. **Please attach a copy of the competitor's birth certificate.**

Signature of Club Official: \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_

**Entries must be received no later than October 31<sup>th</sup>, 2009**

# Club Summary Sheet

Club Name: \_\_\_\_\_

Club Representative Information: (to email schedule to )

Name \_\_\_\_\_

Email \_\_\_\_\_

Phone Number \_\_\_\_\_

	Skater's Name	Event #1	Event #2	Event #3	Event #4	Total Paid
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						
22						
23						
24						
Total						

Entry to be received by PCFSC no later than Oct 31, 3009  
Please mail to PCFSC, Box 441, Port Carling, ON P0B 1J0



## SKATE CANADA NORTHERN ONTARIO

Waivers

Appendix 1

\_\_\_\_\_  
Skater's Name

\_\_\_\_\_  
Partner's Name (if applicable)

### **PUBLICITY WAIVER**

The competitor hereby acknowledges and consents to the fact **Santa Skate** may be televised either in whole or in part for showing on a network basis. The competitor hereby consents to the use of his or her name, biography and likeness on or in connection with any television, radio program, motion picture, print media or the advertising and publicizing of such program as may be designated by Skate Canada Northern Ontario and waives all rights to remuneration or otherwise in connection with the above.

The foregoing is subject to assurance that the eligible status of the competitor will be fully protected by Skate Canada Northern Ontario.

### **LIABILITY WAIVER**

It is understood and agreed that Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee shall not be liable for injury or loss occasioned by the Athlete while travelling to or from or during the **Santa Skate** nor shall Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee be responsible for any damages or losses caused by the Athlete during the same time. The Athlete and/or Athlete's parent(s)/legal guardian agrees to indemnify Skate Canada, Skate Canada Northern Ontario and the Local Organizing Committee and hold it harmless from any claims or demands in respect of such loss or damage.

DATE \_\_\_\_\_

\_\_\_\_\_  
Competitor's Signature

\_\_\_\_\_  
Signature of Parent/Guardian if Competitor is under 18 Years of Age