



**36th ANNUAL
THUNDER COUNTRY REGION**

INTERCLUB 2010

HOSTED BY

SCHREIBER/TERRACE BAY FIGURE SKATING CLUB

JANUARY 22, 23, 24, 2010

SCHREIBER ARENA

Schreiber, Ontario



36th ANNUAL NORTH SHORE INTERCLUB COMPETITION Thunder Country Region

DATES: JANUARY 22, 23, 24, 2010
LOCATION: Schreiber, Ontario
HOSTED BY: Schreiber/Terrace Bay Figure Skating Club
SANCTIONED BY: Skate Canada

GENERAL INFORMATION

RULES:

Skate Canada rules will apply throughout the competition unless otherwise specified.

ELIGIBILITY:

Entrants must be registered amateur skaters in good standing with Skate Canada. Skaters may compete in a maximum of 6 events.

Skaters may enter either STARSkate Singles Events or Competitive Events **BUT NOT BOTH**.

Skaters who have registered for the 2009 Sectional Competition must compete in Competitive Events for the balance of the season.

Skaters are invited to "skate up" one event category.

REGISTRATION:

A separate entry form **MUST** be completed for each event. Late entries may be accepted at the discretion of the Technical Representative. **An additional late fee of \$10.00, payable prior to the event, must accompany all late entries. A waiting list for late entries will be maintained.**

We ask that clubs co-ordinate their entries so that all entry forms from your club and a cheque for the TOTAL entry fee is forwarded to the Host Committee rather than individual entries.

Please provide the attached registration summary list of skaters' names and events with your club's entry forms. If possible, please email back the summary list in spreadsheet format.

Please send all entries made payable to:

**Karen Figliomeni, Registration Chairperson
SCHREIBER/TERRACE BAY INTERCLUB 2010
BOX 669
SCHREIBER,ON POT 2S0**

If you have any question regarding registration please contact: **KAREN FIGLIOMENI
(807) 824-3127
kgfig@shaw.ca**

APPLICATIONS MUST BE POSTMARKED NO LATER THAN DECEMBER 22, 2009

ENTRY FEES: \$45.00 per Competitor for first event

\$10.00 per Competitor for each additional event
\$15.00 per Competitor for CanSkate Skills or Team Event (**AS ONLY EVENT**)

CANCELLATION OF AN EVENT

An event will only be held if there are at least two entries. If there is only one entry in an event, an exhibition may be allowed (time permitting).

REFUNDS AND WITHDRAWALS

Entry fees shall be refunded only if the event is not held, or the competitor produces a Medical Certificate.

TEST CUT OFF DATE: **December 7, 2009**

AGE CUT OFF DATE*: **October 1ST, 2009**

*A photocopy of the competitor's Birth Certificate or other acceptable proof of age must accompany the entry form for events for which eligibility or categories are dependent upon the competitor's age.

MARKING SYSTEM: OBO Method

ICE SURFACE: **185' x 85'**

EVENT SPECIFICATIONS

1. **EVENT COMPOSITION:** In normal circumstances, each category at the competition must be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of STAR Skate Interclub competition to combine events as follows:
 - a. Combine two or more categories in the same event when each category has fewer than three entries.
 - b. Combine two or more categories in the same event when one category has insufficient entries to hold the event
 - c. Combine men and women in events when insufficient entries are registered in one to hold the event.

The decision to combine events is at the discretion of the Technical Representative.

2. **GROUPING SKATERS BY AGE:** The following guideline is suggested for grouping skaters :
For events that require grouping because of a large number of entries, the following procedure may be used:
 1. In a category that does not progress skaters on to a subsequent competition, and no final round is held, skaters may be divided and grouped according to age.
 2. In an event that progresses skaters on to a subsequent competition or when a final round is held, skaters in the same category must be divided and grouped by random draw.

COSTUMING

The clothing for all competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Accessories and props are not permitted.

AWARDS

Medals will be presented to the top 3 skaters in each flight. Ribbons will be presented for all fourth place finishers. No medals will be presented for exhibitions.

ADMISSION

Skaters and Coach listed on the application form will be admitted free.

- **Weekend Pass: Adults \$10**
- **Weekend Pass: Seniors and students (6 to 17 years) \$8**
- **Daily Pass: \$5 per person**
- **Daily Pass: \$4 for senior and students**
- **Children under 5 years of age will be Free**

COACH'S PHOTO ID

All Coaches will be required to wear their current Skate Canada coach's identification which should be visible and have the 2009-2010 sticker.

EVENT SCHEDULE:

A finalized schedule of events will be e-mailed to each club.

PROTOCOLS

Protocols are available upon request only. Please submit your request with your registration package.

ICE CAPTAIN

All skaters must report to the Ice Captain (1) hour before the scheduled event. If you are skating in the first event of the morning, please report to the Ice Captain ½ hour before your scheduled event.

PLEASE NOTE: If the competition is running ahead of schedule, it is the skater's responsibility to be prepared to skate at least 1 hour prior to the event. The event will not be postponed for late skaters. NO EXCEPTIONS!

MUSIC

1. **REGISTRATION OF MUSIC:** Music must be turned in at the time of registration. Cassettes, Cd's and their cases must have the competitor's name and event clearly printed on them.
2. **DANCE MUSIC:** For the information of Dance competitors, 2001 Skate Canada Series 8 music (or ISU music when applicable) will be used for all compulsory dance events.
3. **MUSIC REQUIREMENTS:** Each entry must provide **2 cassettes or 1 CD with back-up cassette** for the competition upon registration. One for competition (marked "MASTER") and one for back-up (marked "COPY"). ***THE COPY TAPE IS TO BE HELD BY THE COACH AT RINK SIDE DURING THE EVENT ENTERED.***

Standard Specifications for Cassettes and CD's

1. Only one program shall be recorded on each cassette or CD.
2. The start of the music shall be recorded on the tape or CD at least (3) seconds following the head leader and not more than 5 seconds.
3. Music shall be recorded at equal levels on both left and right channels in stereo.
4. Competitor's name and event, followed by music time (not skating time) and club shall be clearly printed on side one of the cassette or CD
5. Each cassette or CD shall be enclosed in its plastic container
6. Music recording levels shall be a maximum of 8VU and a minimum of 8VU
7. Cassettes or CDs must be marked with the skater's name, event and total music time and enclosed in their integral container, also marked accordingly.
8. Be sure tapes are rewound.
9. All cassettes will be registered and placed with the music committee at the time of competitors' registration. All music should be picked up after the event.

ACCIDENTS/LIABILITY

Skate Canada, the Section and Local Host and Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in this competition, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the Association, The Section, the Host Club and Volunteer Team and against their officers and their entries shall be accepted only on these conditions.

THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

INSTRUCTIONS TO CLUB COMPETITION CHAIRPERSON

1. Photocopy the Interclub 2010 registration forms on *white* paper
2. **ONE** registration form per event.
3. Complete the Interclub Registration List.

Send all the registration forms together by courier or mail, complete with a copy of the Interclub Master Registration List and **ONE** club cheque payable to

SCHREIBER/TERRACE BAY INTERCLUB 2010
c/o Karen Figliomeni, Registration Chair,
Box 669, Schreiber, ON P0T 2S0

PLEASE CHECK ALL FORMS THOROUGHLY

Please submit names with registration of qualified Program Assistants who are competing at Interclub who are 14 years of age or older and may be interested in being considered to evaluate the CanSkate Events.

Spirit of Skating Award

The Schreiber/Terrace Bay Figure Skating Club is pleased to announce that our theme for the 36th annual competition will be the "Olympics". So, skaters, coaches, parents, friends, bring your Olympic spirit and come join us in Schreiber for a weekend of fun, skating, and friendship Olympic Style!

Each club has been assigned the following countries:

STBFSC – Canada as host club

Marathon – Italy

Manitouwadge – France

Nipigon/Red Rock – England

Thunder Bay – USA

Fort William - Germany

Long Term Athlete Development (LTAD)

Canadian Sport for Life, www.canadiansportforlife.ca, is a movement to increase sport's contribution in Canadian society recognizing sport as an important part of everyone's life by promoting each child's healthy and logical development in a sport or physical activity. On the Canadian Sport for Life website, information can be found explaining the importance of sport for all ages and stages by giving children the skills that they need to develop Physical Literacy for both healthy life long enjoyment and for sporting success. The site provides information for parents, educators, coaches and athletes and further explains the LTAD objectives and principles which are to be adopted by Canadian sports organizations. Also of note, as this is a federal government sports funding organization, future sport funding is reliant on organizations moving in this direction.

Skate Canada's LTADM, in unison with the Canadian Sport for Life model, provides athletes and coaches with the fundamental tools to support the progression of skaters from the beginning stages through to international competitions and podium finishes – if that is the athlete's goal in any discipline. LTAD also supports our skaters who are focused on participation to develop the skills needed to enjoy a lifetime of participation in the sport – on and off the ice.

Skate Canada Board of Directors has approved the LTAD model and has advised that the initial focus is to be on revisions to the CanSkate program. Although it is recognized that this model was made by making some difficult decisions, they are decisions that Skate Canada believes will ultimately benefit all skaters and they were not made without extensive reviews of all events. It is the role of the Section, Regions and Clubs to support the philosophies and guidelines of our national Board of Directors.

At the club and section level, the document helps with skater development by outlining what athletes require at different stages in order to maximize rather than hinder their progression. Parents and coaches can use this document to understand the key stages of development necessary for success – whatever that may be for each individual – taking into account growth, development and the maturation process.

Stages of Athlete Development are outlined in the LTADM. They include:

1. Learn to Skate
2. Learn to Train
3. Learn to Compete
4. Train to Compete
5. Learn to Win/Live to Win
6. Active for Life

Our Generic Technical Package, in keeping with and supporting the principles of LTADM by Skate Canada, will focus on Learn to Skate and Learn to Train. There will be changes implemented this season and in the next few years by Skate Canada which will impact this document and the way in which club competitions are currently being run.

Success in sport depends to a great extent on the development of physical literacy defined as competency in fundamental movement skills, motor skills and basic sport skills. These 3 key components should be taught in a fun learning environment which allows participants to equate physicality with enjoyment. It is the goal of Skate Canada, and therefore all of its participating clubs, to ensure that all members registered in Skate Canada programs learn the basics early in their involvement. Children are to develop physical literacy before the onset of the growth spurt. Without these basic movement and motor skills, a child will have difficulty participating in any sport and will have less chance for lifelong enjoyment of physical activity.

The first stage of Skate Canada's LTADM to be rolled out will be Learning to Skate. This phase consists of two phases – Active Start and FUNdamentals. The chronological age suggested for this phase is 3 – 9 years of age. When athletes reach the upper age, they are ideally ready to progress into the next stage of development.

The philosophy of Learning to Skate is to provide opportunities for all Canadians to learn to skate in a fun, safe and engaging environment and to become interested for lifelong participation.

Learning to Skate General Objectives are to:

1. Create a fun and active learning environment;
2. Acquire/develop basic sport specific skills;
3. Develop fundamental movement skills on ice;

4. Introduce motor skills;
5. Introduce simple rules and ethics of the sport;
6. Develop self-confidence, focus and positive attitude; and
7. Try to instill to love of figure skating.

In this stage, the primary focus is skill development. For skaters ages 3-5 there is absolutely no need for any sort of competition. All of their time on the ice should be dedicated to training as outlined in the objective above.

For skaters aged 5 to 8/9, **skill presentation should be introduced**. Introducing this at an early age can help identify possible talent as well as instill expectations for later development.

Rather than performing programs at this level, skaters will focus on elements based on fundamental movement and motor skills. Skill Presentation should be in the context of fun team meets at the club level where rewards are given but no ranking occurs. For the 2009-2010 season, club competitions will continue with ranking of results, however the move over the next few years nationally will be on rewards and not ranking of skaters in this level. The focus is on performance NOT competition and only 10% of a skater's time should be dedicated to performance at this stage of development.

In the Learning to Train stage, it is the goal of Skate Canada to encourage skaters to acquire a skill set that allows them to reach their own personal level of proficiency. Technical development is a primary focus at this stage, along with the introduction of physical and mental preparation. Skate Canada has also outlined specific competition guidelines for the Learning to Train stage, again, focusing in the beginning on a combination of element and skill performance and programs and progressing, if the skater so desires, into the presentation of programs with choreography. **It is still recommended, that through this stage, skill presentations remain the primary focus.**

Detailed information on the LTADM can be found on the Skate Canada Members Only site. It is recommended by SC and SCNO, that parents, coaches, board members read through this information and attend information sessions when they are presented at a club or town nearby.

This long-term athlete development philosophy does impact the way we are currently organizing and running our competitions. It does impact the Generic Technical Package as it has become known. SCNO believe these changes are positive and hope, that with information and education, our Section members and coaches will embrace this philosophy and work towards the promotion of skating as a sport for all children at all stages of development and as an option for lifelong physical activity and enjoyment.

(This information is taken from the Canadian Sport for Life website www.canadiansportforlife.ca; Long-Term Athlete Development, Canadian Sport for Life document, published by Skate Canada 2008; comments from William Bridel, April 2009 as well as the Skate Canada Update document dated June 12, 2009).

EVENT MARKING CRITERIA, TIE BREAKING AND FACTORS

The following table is the marking criteria for our section competitions. We recommend adding this table to your announcement, so it is clear to skaters, coaches and parents how the factors will be done for the competitions.

EVENT	MARKING CRITERIA	FACTOR	%	TIE BREAKER
Free Skate	Technical Merit, Presentation	1.0	100	2 nd mark
Pairs	Technical Merit, Presentation	1.0	100	2 nd mark
Dance				
Compulsory 1	Technique, Timing/Expression	0.5	50	1 st mark
Compulsory 2	Technique, Timing/Expression	0.5	50	1 st mark
Interpretive	Skating, Performance	1.0	100	2 nd mark
Skating Skills				
Exercise 1	Technique, Pacing/Performance	0.5	50	1 st mark
Exercise 2	Technique, Pacing/Performance	0.5	50	1 st mark
Triathlon events				
Free Skate	Technical Merit, Presentation	1.0	33.3	2 nd mark
Skating Skills	Technique, Pacing/Performance	1.0	33.3	1 st mark
Interpretive	Skating, Performance	1.0	33.3	2 nd mark
Biathlon Events				
Compulsory Dances				
Compulsory 1	Technique, Timing/Expression	0.5	25	1 st mark
Compulsory 2	Technique, Timing/Expression	0.5	25	1 st mark
Creative Dance	Composition Presentation	1.0	50	2 nd mark

PLEASE NOTE all programs **MUST** be based on the Well Balanced Program. The Free Skates have been revised as per Skte Canada 2009/2010 STARSkate Well Balanced Program Requirements. The WPB will be strictly enforced, and deductions will be given for any elements that are not specified.

FREE SKATE EVENTS (STARSkate)

- All skaters must be registered in the STARSkate Program. Skaters who have completed the CanSkate program during the season are eligible for these events.
- Skaters may enter either STARSkate Singles Events or Competitive Events **BUT NOT BOTH**.
- Skaters who have registered for the 2010 Sectional Competition must compete in Competitive Events for the balance of the season.
- Skaters may skate up one category.
- All categories may be divided by age
- All categories have the program time listed that will be used for the 2010 qualifying event for Trillium STARSkate (Festival of STARS). Competition organizers may change the program times by 30 seconds to allow skaters to skate up a category.

All programs MUST be based on the Well Balanced Program. The Free Skates have been revised as per Skate Canada 2009/10 STARSkate Well Balanced Program Requirements. The WPB will be strictly enforced, and deductions will be given for any elements that are not specified.

NOTE: As per the competitive stream, for all levels re: a spin of any nature, the skater cannot repeat a spin that has already been performed.

PRE-INTRODUCTORY -

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada tests.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - May include a waltz jump, salchow, toe loop, and loop – **no higher jumps allowed**
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences (using the above specified jumps only)
 - Maximum 3 different jumps repeated and no jump included more than 3 times. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins or combination spins permitted
 - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence OR series of 2 field moves (but not both)

INTRODUCTORY FREE SKATE

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test.** SPECIFICATIONS

FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - No jump higher than 1 flip – **no higher jumps allowed**
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences (no jumps higher than a flip allowed)
 - Maximum 2 different jumps repeated and no jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins permitted
 - 2 spins must be in one position, not in combination, no change of foot
3. Maximum 1 step sequence

NOTE: Please check Skate Canada website for updates to well balanced program requirements from Pre-Preliminary to Gold

PRE-PRELIMINARY FREE SKATE

TEST REQUIREMENTS: **May have passed a Skate Canada test, but must not have passed the complete Preliminary Free Skate Test.**

SPECIFICATIONS FOR EVENT: One free program of 1.5 minutes in length (+ / - 10 seconds)

1. Maximum 6 jump elements
 - No jump higher than 1Lutz
 - Must include at least 1 waltz jump
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 2 spins
 - No flying spins permitted
 - 1 spin must be in one position, not in combination, no change of foot
 - Maximum 1 may be a combination spin, no change of foot
3. Maximum 1 step sequence or spiral sequence.

PRELIMINARY FREE SKATE

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete free skate test.

SPECIFICATIONS FOR EVENT: One free program of 2.0 minutes in length (+/- 10 seconds)

1. Maximum 6 jump elements
 - All single jumps permitted and maximum one double jump which may be a Double Salchow or Double Toe Loop
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 2 spins of any nature
 - Maximum 1 spin may be a flying spin
 - One spin of any nature.
3. Maximum 1 step sequence or spiral sequence.

JUNIOR BRONZE FREE SKATE

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete free skate test.

All elements will be called no higher than Level 1.

SPECIFICATIONS FOR EVENT: One free program of 2.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All single jumps permitted and maximum two double jumps that may be up to and including double loop.
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 2 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence. The double jump may not be repeated.
2. Maximum of 3 spins
 - 1 Spin must be a flying spin
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

SENIOR BRONZE FREE SKATE

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete free skate test.

All elements will be called no higher than Level 1.

One free program of 3.0 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.0 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All single and double jumps permitted except double Axel
 - Must include at least 1 Axel type jump (waltz or single Axel)
 - Maximum 3 combinations or sequences. Jump combinations may include no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins

- 1 Spin must be a flying spin in one position with no change of foot.
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

JUNIOR SILVER FREE SKATE

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete free skate test.

One free program of 3.5 minutes in length (+/- 10 seconds).

SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All jumps permitted
 - Must include at least 1 Axel type jump (waltz or Axel type)
 - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
 - 1 spin must be a flying spin one position with no change of foot.
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature
3. Maximum 1 step sequence or spiral sequence.

SENIOR SILVER FREE SKATE

TEST REQUIREMENTS: May have passed the Senior Silver Free Skate test but no higher complete free skate test.

One free program of 3.5 minutes in length (+/- 10 seconds) – Women

One free program of 4.0 minutes in length (+/- 10 seconds) - Men

SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

1. Maximum 7 jump elements
 - All jumps permitted
 - Must include at least 1 Axel type jump (waltz or Axel type)
 - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum of 3 spins
 - 1 spin must be a flying spin one position no change of foot.
 - 1 spin must be a combination (change of foot mandatory).
 - 1 spin of any nature

NOTE: A fourth spin of any nature may be included. In CPC, the first three spins to fulfill the requirements as outlined above will be counted; the first that is outside of these requirements will not be counted and will not receive any value. The fourth spin will not be subject to a deduction in 6.0.

3. Women:

- Maximum 1 step sequence or spiral sequence.

Men:

- Maximum 1 step sequence (straight line, circular or serpentine).

NOTE: the first allowed step or spiral sequence will be counted. Additional step of spiral sequences will be considered as transitions in CPC and will not be subject to deduction in 6.0.

GOLD FREE SKATE

TEST REQUIREMENTS: May have passed the Gold Free Skate test

One free program of 3.5 (ladies) or 4.0 (men) minutes in length (+/- 10 seconds).

1. Maximum 7 jump elements
 - All jumps permitted
 - Must include at least 1 Axel type jump (waltz or Axel type)
 - Maximum 3 combinations or sequences. Jump combinations may contain no more than two jumps.
 - No jump included more than twice. Repeated jumps must be in combo or sequence.
2. Maximum 3 spins
 - 1 spin must be a flying spin one position with no change of foot.
 - 1 spin must be a combination (change of foot mandatory)
 - 1 spin of any nature

NOTE: A fourth spin of any nature may be included. In CPC, the first three spins to fulfill the requirements as outlined above will be counted; the first that is outside of these requirements will not be counted and will not receive any value. The fourth spin will not be subject to a deduction in 6.0.

3. Women:
- Maximum 1 step sequence or spiral sequence.
- Men:
- Maximum 1 step sequence (straight line, circular or serpentine).

TE: *the first allowed step or spiral sequence will be counted. Additional step of spiral sequences will be considered as transitions in CPC and will not be subject to deduction in 6.0.*

NOTE: Well balanced program requirements the same as for the gold event listed above

NOTE: Skaters may skate up in the Free Skate events.

COMPETITIVE OPEN FREE SKATE

TEST REQUIREMENTS: Juvenile, Pre-Novice & Novice Competitive Tests

SPECIFICATIONS FOR EVENTS: One free program based on Skate Canada program requirements for Juvenile, Pre-Novice & Novice competitive test levels.

ELEMENT EVENTS

- Elements will be skated as a simple program WITHOUT MUSIC (background music may be played).
- Elements must be skated as specified and may be performed in any order.
- Spins and combination spins must be held for the specified revolutions.
- There must be no turn or change of foot between jumps in combination
- An axel is a single jump
- Field movements (for example Spirals, Ina Bauers, Pivots) will be penalized unless specified
- Connecting steps may be used
- Added elements or the retrying of a missed element will be penalized
- The retrying of a missed element is at the discretion of each technical representative and such should be stated in the competition announcement.
- Elements should be conducted using ½ of the ice surface except for senior bronze and up at the discretion of the tech rep.
- If not successfully skated the first try, each element may be retried once, by signaling the referee with a raised hand
- *Elements that require skaters to be physically joined together at any time are prohibited* – these include a team spiral or shoot-the-duck. The rationale for the removal of these team element events is due to an increased concern for skater safety.

PRE-INTRODUCTORY ELEMENTS

TEST: **Must NOT have passed ANY Skate Canada Tests**

PROGRAM LENGTH – One minute maximum

NO MUSIC – ½ Ice Surface

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Toe Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

INTRODUCTORY ELEMENTS

TEST: **May not have passed any part of a preliminary free skate test,**

PROGRAM LENGTH – One minute maximum

NO MUSIC – ½ Ice Surface

SPECIFICATIONS FOR EVENT:

1. Waltz Jump
2. Salchow Jump
3. Loop Jump
4. Forward Upright Spin, minimum 2 rotations
5. Field Movement of your choice

PRE-PRELIMINARY ELEMENTS

TEST: Must not have passed the complete Preliminary Free Skate Test.

PROGRAM LENGTH – One minute maximum

NO MUSIC – ½ Ice Surface

SPECIFICATIONS FOR EVENT:

1. Loop Jump
2. Flip Jump
3. Toe Loop/Toe Loop Jump Combination
4. Spin in one position (change of foot optional), minimum 2 rotations
5. Forward Spiral, edge optional

PRELIMINARY ELEMENTS

TEST: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

PROGRAM LENGTH: One minute maximum

NO MUSIC – ½ ice surface

SPECIFICATIONS FOR EVENT:

1. Flip Jump
2. Lutz Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Camel/Sit Spin, no change of foot, minimum 3 rotations in each position
5. Backward Spiral, edge optional

JUNIOR BRONZE ELEMENTS

TEST: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

PROGRAM LENGTH - One minute thirty seconds maximum.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel Jump
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 2 singles or 1 double and 1 single
4. Flying Camel Spin, minimum 3 rotations
5. Series of Field Movements that cover at least ½ the ice surface

SENIOR BRONZE ELEMENTS

TEST: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

PROGRAM LENGTH – Shall not exceed two minutes and 15 seconds in length.

NO MUSIC.

SPECIFICATIONS FOR EVENT:

1. Axel Jump
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and 2 rotations in each position
5. Straight Line Step Sequence (full ice surface may be used)

JUNIOR SILVER ELEMENTS

TEST: May have passed the Junior Silver Free Skate test but no higher complete free skate test

PROGRAM LENGTH – Shall not exceed two minutes and 15 seconds in length.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel
2. Double Salchow Jump **OR** Double Toe Loop Jump **OR** Double Loop Jump
3. Jump Combination with 1 single and 1 double or 2 doubles, the second jump must be the double
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 5 rotations on each foot and 2 rotations in each position
5. Sequence of 3 field movements of your choice (full ice surface may be used)

SENIOR SILVER ELEMENTS

TEST: May have passed the Senior Silver Free Skate test but no higher complete Free Skate test

PROGRAM LENGTH – Shall not exceed two minutes and 15 seconds in length.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel
2. Double Flip
3. Jump Combination with 2 double jumps
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 5 rotations on each foot and 2 rotations in each position
5. Straight Line Step Sequence (full ice surface may be used)

GOLD ELEMENTS

TEST: May have passed the Gold Free Skate test

PROGRAM LENGTH – Not to exceed two minutes 40 seconds.

NO MUSIC

SPECIFICATIONS FOR EVENT:

1. Axel or Double Axel Jump
2. Double Lutz
3. Jump Combination consisting of 2 double jumps **OR** 1 double and 1 triple jump.
4. Combination Spin, MINIMUM 3 positions, minimum 1 change of foot, minimum of 6 rotations on each foot and 2 rotations in each position
5. Spiral Sequence (Ladies) **OR** 1 Step Sequence of any shape (Men) (full ice surface may be used)

COMPETITIVE OPEN ELEMENTS

TEST REQUIREMENTS: Juvenile, Pre-Novice & Novice Competitive Tests

SPECIFICATIONS FOR EVENTS: One short program based on Skate Canada program requirements for Juvenile, Pre-Novice & Novice competitive test levels.

SPIN EVENTS

- Spins WILL BE SKATED IN ISOLATION.
- Background music only
- Spins should be conducted using ½ of the ice surface.

PRE-INTRODUCTORY SPINS

TEST REQUIREMENTS: **Must NOT have passed ANY Skate Canada Tests**

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

INTRODUCTORY SPINS

TEST REQUIREMENTS: **May not have passed any part of a preliminary free skate test.**

SPECIFICATIONS FOR EVENT:

- Two Foot Spin, minimum 2 rotations
- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations

PRE-PRELIMINARY SPINS

TEST REQUIREMENTS: May not have passed the complete Preliminary Free Skate Test.

SPECIFICATIONS FOR EVENT:

- Forward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Backward One-Foot Upright or Corkscrew Spin, minimum 2 rotations
- Sit Spin, minimum 2 rotations

PRELIMINARY SPINS

TEST REQUIREMENTS: May have passed the Preliminary Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Back Corkscrew Spin, minimum 3 rotations
- Flying Spin, minimum 3 rotations
- Combination Spin – minimum of 2 positions, optional change of foot, minimum 4 rotations in total

JUNIOR BRONZE SPINS

TEST REQUIREMENTS: May have passed the Junior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Flying Camel Spin, minimum 3 rotations
- Layback or Sideways Lean Spin (Ladies) **OR** Camel Sit Spin (Men), minimum 3 rotations
- Combination Spin – minimum of 2 positions, 1 change of foot, minimum 3 rotations on each foot and minimum 2 rotations in each position

SENIOR BRONZE SPINS

TEST REQUIREMENTS: May have passed the Senior Bronze Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Layback or Sideways Lean Spin (Ladies) **OR** Crossfoot Spin (Men), minimum 4 rotations
- Sit Change Sit Spin, minimum 4 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 4 rotations on each foot and minimum 2 rotations in each position

JUNIOR SILVER SPINS

TEST REQUIREMENTS: May have passed the Junior Silver Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Camel Change Camel Spin, minimum 5 rotations
- Flying Camel/Back Sit Spin, minimum 5 rotations and minimum 2 rotations in each position
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 5 rotations on each foot and minimum 2 rotations in each position

SENIOR SILVER SPINS

TEST REQUIREMENTS: May have passed the Senior Silver Free Skate test but no higher complete Free Skate test.

SPECIFICATIONS FOR EVENT:

- Layback or Sideways Lean Spin (Ladies) **OR** Upright Variation Spin (Men), minimum 5 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 5 rotations on each foot and minimum 2 rotations in each position
- Flying Sit Spin with optional foot of landing, minimum 5 rotations

GOLD SPINS

TEST REQUIREMENTS: May have passed the Gold Free Skate test

SPECIFICATIONS FOR EVENT:

- Camel Change Camel Spin, minimum 6 rotations on each foot
- Flying Sit or Flying Change Sit Spin, minimum of 6 rotations
- Combination Spin – minimum of 3 positions, minimum 1 change of foot, minimum 6 rotations on each foot and minimum 2 rotations in each position

INTERPRETIVE EVENTS

PRE- INTRODUCTORY INTERPRETIVE

TEST REQUIREMENTS: Must not have passed any Skate Canada Interpretive Skating test.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

INTRODUCTORY INTERPRETIVE

TEST REQUIREMENTS: Must have passed the Introductory Interpretive test but no higher.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

BRONZE INTERPRETIVE

TEST REQUIREMENTS: Must have passed the Bronze Interpretive test but no higher.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

SILVER INTERPRETIVE

TEST REQUIREMENTS: Must have passed the Silver Interpretive test but no higher.

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

GOLD INTERPRETIVE

TEST REQUIREMENTS: Must have passed the Gold Interpretive test

SPECIFICATIONS FOR EVENT:

One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

SHOW PROGRAM

JUNIOR SHOW PROGRAM

Age restriction of 8 years and under. Flights will be divided according to age.

Program Length: Music shall not exceed 1 minute and 30 seconds.

General Information: There are no theme categories. Skaters either by themselves or with their coaches are to select their own music and choreograph the program. Skaters will be judged on their ability to interpret the music they have chosen. The emphasis is taken off the technical side and placed more on the simpler moves that will help convey a feeling or mood for the music.

INTERMEDIATE SHOW PROGRAM

Age restriction of 9 years of age to 12 years, inclusive. Flights will be divided according to age.

Program Length: Music shall not exceed 1 minute and 30 seconds.

General Information: There are no theme categories. Skaters either by themselves or with their coaches are to select their own music and choreograph the program. Skaters will be judged on their ability to interpret the music they have chosen. The emphasis is taken off the technical side and placed more on the simpler moves that will help convey a feeling or mood for the music.

SENIOR SHOW PROGRAM

Age restriction of 13 years of age and older.

Program Length: 1.0 minute to 1.0 minutes and 15 second routine to music

Theme: To be announced at the event

General Information: Music will be selected and custom edited by the technical representative to suit each competition (if more than 1 flight, a different song for each flight will be played but the theme will remain consistent). Music will be played twice for skaters entering event. The skaters will then go into a room out of sight and hearing of the ice arena. Each competitor in turn skates an interpretation of the music. After skating the program, the competitor may not re-enter the dressing room until the entire event has been completed. Program need not include jumps or spins but they may be used if they enhance the interpretation.

JUMP EVENTS

Entrants will qualify according to their Free Skating level. Pre-Preliminary through Junior Bronze will be skated on a half sheet of ice. Senior Bronze through Gold will be skated on full sheet of ice. Jumps should be performed in order and as stated. Skater will be given 2 opportunities to attempt each jump, and will be judged on the best one. A jump combination is a sequence of two or more jumps in which the landing **edge** of the first jump serves as the take-off edge for the second jump and so on. There is **no** change of foot or turn between the jumps, although the toe may be used to assist the take-off (*Skate Canada Technical Handbook 2.1 (7)*).

The following format will be used for this event: Each skater will perform **all** of his or her jumps in sequence. For example in the Pre-Preliminary the jumps are Toe Loop and combination of any 2 single jumps (no Axels). Skater # 1 will take to the ice and be given 2 attempts at the Toe Loop, followed by 2 attempts at combination of 2 single jumps. The best Toe Loop and best combination will be judged. Where a skater is given a choice of which jumps to perform, the first attempt will determine the jump to be judged. The skater will not be permitted to change jumps on the second attempt.

PRE-PRELIMINARY JUMP EVENT

TEST: May have passed a Skate Canada test, but not the complete preliminary free skate test
Toe Loop, Salchow, combination of any 2 single jumps (Toe Loop cannot be repeated as first jump, No axels)

PRELIMINARY JUMP EVENT

TEST: May have passed the Preliminary Free skate test but no higher complete test.
Loop, Flip or Lutz jump, combination of any single jump with a Loop jump (may be an Axel)

JUNIOR BRONZE JUMP EVENT

TEST: May have passed the Junior Bronze Free skate test but no higher complete test
Axel, any double jump, combination double jump with a Loop jump.

SENIOR BRONZE JUMP EVENT

TEST: May have passed the Senior Bronze Free skate test but no higher complete test
Axel, double Toe Loop, combination of a Lutz and single or double Loop.

JUNIOR SILVER JUMP EVENT

TEST: May have passed the Junior Silver Free skate test but no higher complete test
Double Loop, double Flip or Lutz, combination of any 2 jumps, second must be a double

OPEN JUMP EVENT

TEST: Must have passed Sr. Silver Free skate test
Double Lutz, double Axel, combination of any 2 double jumps or a triple and double.

TEAM EVENTS

Four skaters make up a team. In the event that you cannot get four skaters from one club, you may have participants from different clubs on one team, provided that each skater only competes for one team in the same event. The team will line up and each skater is required to complete one of the elements listed below.

INTRODUCTORY TEAM EVENT

Test Requirements: Must not have passed any part of a Preliminary Free Skate test, the Preliminary Dance Set, any skills test, or any interpretive test.

Specifications for Event:

1. Waltz Jump
2. Forward One Foot Spin
3. Any Forward Spiral
4. Salchow/Toe Loop Jump combination

PRE-PRELIMINARY TEAM EVENT

Test Requirements: Must not have passed any complete Skate Canada Free Skate test.

Specifications for Event:

1. Flip Jump
2. Sit Spin (minimum 2 rotations)
3. Any Forward Spiral
4. Waltz/Loop jump combination

PRELIMINARY TEAM EVENT

Test Requirements: Must have passed the Preliminary Free Skate test but not the complete Junior Bronze free skate test.

Specifications for Event

1. Lutz Jump
2. Sit Spin (minimum 3 rotations)
3. Salchow/Toe Loop combination jump
4. Flip Jump

JUNIOR BRONZE TEAM EVENT

Test Requirements: Must have passed the Junior Bronze Free Skate test, but not the complete Senior Bronze Free Skate test.

Specifications for Event:

1. Axel Jump
2. Flying Camel (minimum 3 rotations)
3. Any double jump followed by a single jump
4. Backward Outside Spiral

SENIOR BRONZE TEAM EVENT

Test Requirements: Must have passed the Senior Bronze Free Skate test, but not the complete Junior Silver Free Skate test.

Specifications for Event:

1. Double Toe Loop Jump
2. Lay Back Spin (minimum 4 rotations)
3. Any double jump, except double toe loop followed by a single loop jump.
4. Combination 2 field movements – skaters choice

JUNIOR SILVER TEAM EVENT

Test Requirements: Must have passed the Junior Silver Free Skate test, but not the complete Senior Silver Free Skate test

1. Double Loop Jump
2. Flying sit spin (minimum 5 rotations)
3. Jump combination – any double jump followed by a double toe loop jump.
4. Straight line footwork sequence – full length of ice

⇒ All skaters must be registered in the CanSkate OR CanPower Program.

⇒ **CanSkate events will be run as a CIRCUIT. Each coach can make their own circuit for their skaters, and all elements must be in the order as listed below.**

⇒ Any additional skills will be penalized by a deduction of .2 from the technical mark, excluding spirals, connecting steps, footwork, and jumps of ½ rotation or less (Power Jumps, etc) unless specified for the event.

CANSKATE BEGINNER

BADGE LEVEL: Must not have passed any CanSkate badge.

SPECIFICATIONS FOR EVENT:

- ½ sit glide – forward or backwards
- Backward skating
- ½ or ¼ Two foot turn on the spot
- Two foot jump on the spot
- Forward skating

CANSKATE 1

BADGE LEVEL: Must have passed Stage 1 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward skating
- Forward glide (2 feet to 1 foot)
- Forward two foot sculling
- Two foot jump while gliding forward
- Two foot spin

CANSKATE 2

BADGE LEVEL: Must have passed Stage 2 but no higher.

SPECIFICATIONS FOR EVENT:

- Two foot turn forward to backward
- Backward skating
- Two foot spin
- Forward spiral
- Two foot jump while gliding backward

CANSKATE 3

BADGE LEVEL: Must have passed Stage 3 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward two foot sculling
- Two foot side stop
- Forward spiral
- Forward outside edge entry 3 turn
- Backwards glide on a curve (two foot to one foot)

CANSKATE 4

BADGE LEVEL: Must have passed Stage 4 but no higher.

SPECIFICATIONS FOR EVENT:

- Backwards circle thrust (NOT SCULLING – FREE FOOT MUST COME OFF ICE)
- One foot spin
- One foot jump forward to backward (THREE JUMP)
- Backward spiral
- Forward outside edge development (step/step/step and hold on alternating edge)

CANSKATE 5

BADGE LEVEL: Must have passed Stage 5 but no higher.

SPECIFICATIONS FOR EVENT:

- Forward one foot spin with forward outside edge
- Backwards crosscuts
- Waltz jump
- Backward outside development (step/ step/ step and hold on alternating curves)
- Forward Inside edge entry 3 turn

CANSKATE 6

BADGE LEVEL: Must have passed Stage 6 but no higher.

SPECIFICATIONS FOR EVENT:

- Backward outside edges (MINIMUM 2 EDGES ON EACH FOOT)
- Waltz jump with backward crosscuts entry
- Forward chasses
- Forward one foot spin with backward crosscut entry.
- Toe Loop or Salchow



SKATE CANADA NORTHERN ONTARIO

Waivers

Appendix 1

Skater's Name

Partner's Name (if applicable)

PUBLICITY WAIVER

The competitor hereby acknowledges and consents to the fact that **the Thunder Country Interclub** may be televised either in whole or in part for showing on a network basis. The competition hereby consents to the use of his or her name, biography and likeness on or in connection with any television, radio program, motion picture, print media or the advertising and publicizing of such program as may be designated by Skate Canada Northern Ontario and waives all rights to remuneration or otherwise in connection with the above.

The foregoing is subject to assurance that the eligible status of the competitor will be fully protected by Skate Canada Northern Ontario.

LIABILITY WAIVER

It is understood and agreed that Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee shall not be liable for injury or loss occasioned by the Athlete while travelling to or from or during the **Thunder Country Interclub** nor shall Skate Canada, Skate Canada Northern Ontario or the Local Organizing Committee be responsible for any damages or losses caused by the Athlete during the same time. The Athlete and/or Athlete's parent(s)/legal guardian agrees to indemnify Skate Canada, Skate Canada Northern Ontario and the Local Organizing Committee and hold it harmless from any claims or demands in respect of such loss or damage.

DATE _____

Competitor's Signature

Signature of Parent/Guardian if Competitor is under 18 Years of Age

Thunder Country Interclub 2010

TEST APPLICATION FORM

Please Note: A separate cheque (dated no later than January 1, 2010) made payable to **STBFSC – Interclub 2010** must accompany this application. Application and cheque must be received **no later than January 1, 2010** and **final pull date will be January 10, 2010.** Please note there will be a \$25.00 charge on NSF cheques. Make sure your Test Chairperson signs the permission form. You will not be tested without a signed permission form.

Please print clearly

NAME: _____ SKATE CANADA #: _____ M ___ F ___

ADDRESS: _____

PHONE#: (____) _____ BIRTHDATE (m/d/y): ____/____/____

HOME CLUB: _____ HOME CLUB #: _____

NAME OF COACH: _____ PHONE#: _____

ADDRESS: _____

E-MAIL ADDRESS: _____

SIGNATURE OF COACH: _____

PLEASE CHECK TEST BEING TRIED:

FREESKATE (E – Elements and P - Programs)

Preliminary E <input type="checkbox"/> P <input type="checkbox"/>	Jr. Bronze E <input type="checkbox"/> P <input type="checkbox"/>	Sr. Bronze E <input type="checkbox"/> P <input type="checkbox"/>
Jr. Silver E <input type="checkbox"/> P <input type="checkbox"/>	Sr. Silver E <input type="checkbox"/> P <input type="checkbox"/>	Gold E <input type="checkbox"/> P <input type="checkbox"/>

SKATING SKILLS

Preliminary	Jr. Bronze	Sr. Bronze
Jr. Silver	Sr. Silver	Gold

INTERPRETIVE

Introductory	Bronze	Silver	Gold
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SEND APPLICATIONS TO:

Clare Kempe P.O. Box 337, Terrace Bay, ON P0T 2W0 807-825-4598 clarekempe@bell.net	Test Fees ___ X \$10.00 \$ _____ Administration Fee \$10.00 Total \$ _____
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PERMISSION TO TEST: You must have permission from your home club in order to try a test. Please have your Test Chairperson fill in and sign the following permission form. I verify that _____ of the _____ is a member in good standing and has permission to try a test at Interclub 2010.

(Name of Skater)

(Home Club)

Signature of Test Chairperson: _____

Thunder Country Interclub Registration Form (REVISED)
(A copy of Skater's Birth Certificate and Test Proof must accompany entries)

NAME: _____ Skate Canada # _____ M ___ F ___

ADDRESS: _____
 Street or Box # _____ City/Town _____ Province _____ Postal Code _____

Phone #: (____) _____ Email Address: _____

Date of Birth (M/D/Y) ____/____/____ Age at time of competition registration: _____

Home Club: _____ Home Club #: _____

Club Contact: _____
 Name Phone Email

FREE SKATE

- Pre-Introductory
- Introductory
- Pre-Preliminary
- Preliminary
- Junior Bronze
- Senior Bronze
- Junior Silver
- Senior Silver
- Gold

COMPETITIVE

- Juvenile
- Pre-Novice
- Novice

INTERPRETIVE

- Pre-Introductory
- Introductory
- Bronze
- Silver
- Gold

ELEMENTS

- Pre-Introductory
- Introductory
- Pre-Preliminary
- Preliminary
- Junior Bronze
- Senior Bronze
- Junior Silver
- Senior Silver
- Gold

COMPETITIVE SHORT

- Juvenile
- Pre-Novice
- Novice

SHOW

- Junior
- Intermediate
- Senior

SPINS

- Pre-Introductory
- Introductory
- Pre-Preliminary
- Preliminary
- Junior Bronze
- Senior Bronze
- Junior Silver
- Senior Silver
- Gold

TEAM

- Pre-Introductory
- Introductory
- Pre-Preliminary
- Preliminary
- Junior Bronze
- Senior Bronze
- Junior Silver

JUMPS

- Pre-Introductory
- Introductory
- Pre-Preliminary
- Preliminary
- Junior Bronze
- Senior Bronze
- Junior Silver
- Gold

TRIATHLON

- Bronze
- Silver
- Gold

CANSKATE

- Beginner
- Stage 1
- Stage 2
- Stage 3
- Stage 4
- Stage 5
- Stage 6

TITLE OF INTERPRETIVE: _____

COACH: _____
 Name Phone Email

I VERIFY THAT I REVIEWED ALL EVENT INFORMATION AND IT IS CORRECT:

SIGNATURE OF COACH: _____

HIGHEST TEST/LEVELS (put N/A if not applicable)

FREE SKATE _____ COMPETITIVE _____ CANSKATE STAGE: _____

INTERPRETIVE _____ SKILLS _____ DANCE _____

SIGNATURE OF CLUB TEST CHAIRPERSON: _____ PHONE: _____

I understand that the Host Club of the competition will assume no responsibility in the case of loss, theft, or personal injury suffered by myself/my child while participating in this competition.

Skaters Signature: _____ Parent/Guardian Signature _____